

New Protocol 1000+

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These protocol improvements may be what you are waiting for. There are some diseases that appear on occasion to be especially resistant to MMS in certain people -- for example, some people have had problems overcoming herpes and others have had problems with Candida. We keep finding new ways to improve the action of MMS or ways to improve the reaction time so that one gets well faster. In other words, the basics are known but fine tuning is ongoing.

Three New Improvements

Two are very important and one is minor, though it could be major for some people.

1. **Include DMSO** - Add a small amount of DMSO to each hourly dose. This can be done with both protocols 1000 and 2000.
 - a. Protocol 1000: a maximum of 3 drops of MMS and 3 drops of citric acid each hour for 8 hours a day;
 - b. Protocol 2000: as many drops of each (MMS and citric in equal amounts) every hour as you can take (without feeling sicker) for 10 hours a day. Both protocols call for reducing the drops if one begins to feel bad. Please see www.jimhumble.biz for more details.

Use one drop of DMSO for each drop of MMS. Add the DMSO only after the reaction of the MMS and citric acid has completed (that's 20 seconds when using 50% citric acid). Give the mixture 3 minutes to complete after adding the DMSO. Of course, always stir the mixture.

2. **Enjoy an Improved Taste** - The addition of DMSO drops improves the taste and makes it easier to take the MMS.
3. **Take More Hourly Doses** - Although I have encouraged people to increase the number of hours a day in which they take MMS, I should mention that Kerri Rivera was the first person to report actually doing so and she also reports better results from it. She is having her people do more than 8 or 10 hours a day -- up to 12 or 15 hours and even longer. Many are reporting more results from the longer hours and also from adding DMSO. We first increased the number of hours, getting improvements, and then we added the DMSO and got more improvement.

In all cases, if you begin to notice nausea or other negative reactions, reduce the amount of MMS you are taking in each hourly dose. Follow the instructions given here and you will be OK.