

I HAVE GOOD
NEWS...AND
I HAVE ~~BAD~~
BETTER NEWS



A Book of Hope

KENNETH NAGELE

Dedicated to
Brent, Brandon, David, Rebecca, Alexis and Braiden,
and to my understanding and loving wife, Ela.

Special Thanks to
Ela, Jim, Richard and Walt for their valuable editing input to the book.

I HAVE GOOD NEWS...AND

I HAVE ~~BAD~~ **BETTER** NEWS

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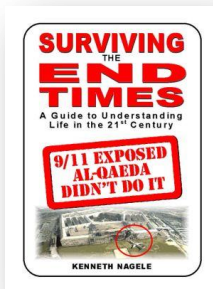
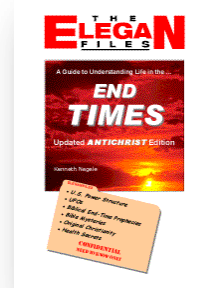
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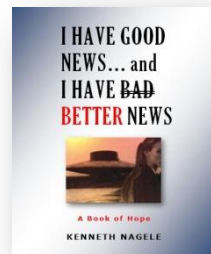
Introduction

My first book, THE ELEGAN FILES, was published in 1997 in anticipation of some major prophetic events of a biblical nature that appeared to be on the horizon. However, subsequent biblical understandings and the September 11th attack on America dictated that the book be updated...or that another book needed to be written.



Hence, the 2003 publication of my second book, SURVIVING THE END TIMES. One of the first books to expose the truth about 9/11, this book also expounded on a new biblical understanding of end-time prophecy that had been discovered shortly before 2002 by Dr. Ernest L. Martin.

The first edition of this book featured a different cover (pictured right). This new edition is updated to a simpler, more modern design.



The biblical information contained in both of these two previous books was based solely on the works of *Ernest L. Martin, Ph.D.*, of the ASSOCIATES for SCRIPTURAL KNOWLEDGE:



<http://www.askelm.com/resources/bibliography.asp>. Likewise, most of the biblical information in this book is also based on his research.

Dr. Martin was a major influence in the lives of many people, including myself. Some of his work has received

significant international publicity. His book on the correct birth date of Christ, The Star of Bethlehem (<http://www.askelm.com/star/index.asp>), received a full page review in the Los Angeles Times. The information in it was subsequently recognized and accepted by most major planetariums around the world. His book was subsequently sold in most of the planetarium's gift shops.

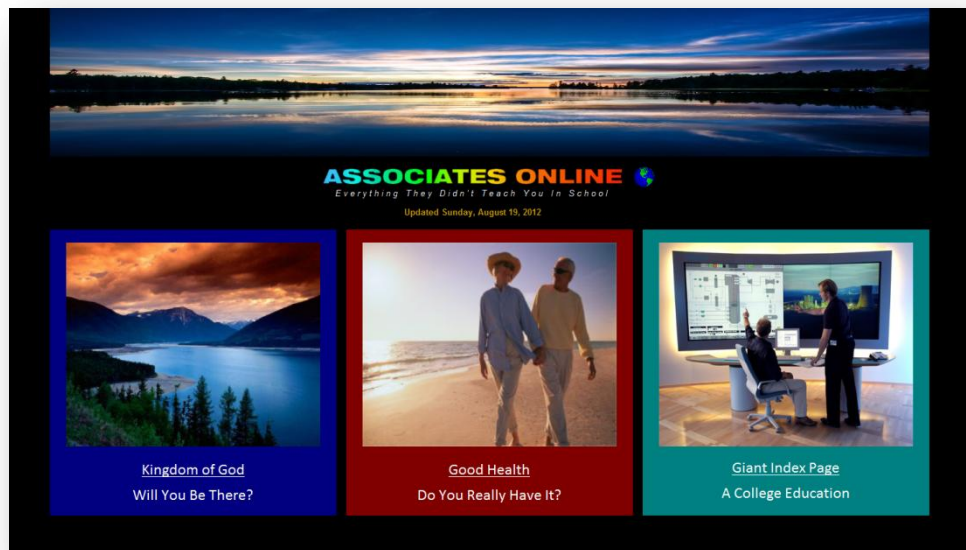
Most of his decades long research is still waiting to be recognized by the academic, archeological and theological communities. His research on the correct location of the Temple Mount will no doubt become headline news at some point in the future...when events will demand that a decision be made on when and where the Temple should be rebuilt.

How did I come to write this book? A friend of mine suggested I write a third book. My initial reaction was, "What is the point?" I already have a website, THE ASSOCIATES ONLINE, which covers everything that most people would ever have a need to know. Another book would simply be redundant to the information already being provided by that website and by my last two books.

But then it dawned on me that although I have gone to great pains to index the website in an orderly manner (even creating a PowerPoint presentation to help explain the site), most visitors to the site still seemed to be lost. They weren't really comprehending the important messages that Dr. Martin had always emphasized as being essential to understanding the Bible, Christianity and life in general. Nor were they properly absorbing or understanding the vast amounts of non-biblical material that most would otherwise never be exposed to in their lifetime. Hence, I decided that there was indeed a need to write a new, condensed educational book that would easily put many important subjects into perspective.



I encourage the reader to avail themselves of two websites. The ASK website (pictured above) is the culmination of a lifetime of unbiased, academic, biblical and archeological research by Dr. Martin: <http://www.askelm.com>.



The ASSOCIATES ONLINE website (pictured above) is the culmination of my own lifetime of research on many varied subjects: <http://www.ernestlmartin.com>.

The title of this book, I HAVE GOOD NEWS...and I HAVE ~~BAD~~ BETTER NEWS, is a parody of the popular and often humorous quip, "I have good news and I have bad news...which would you like to hear first?"

As bad as today's state of affairs might appear to be, I wish to bring some good news of hope for a brighter future for all of mankind. One that is not presently presented to the world from the biblical, Christian perspective by anyone that I am aware of. I wish to present an explanation for the present status of the world situation and what it portends for the immediate future.

As this book is being written, the future of the United States and the rest of the "free world" would appear to be disparaging. People are looking for answers as never before. And, as the popular country western love song goes, we are all "Looking...in all the wrong places." I hope to provide some direction, understanding and hope to an otherwise perplexing life experience.

The intriguing cover picture was selected to capture ones attention. It portrays a future time of peace and beauty promised to us in the scriptures, *before* the second coming. The original picture I had selected was that of the popular prophetic biblical lion and lamb lying peaceably side by side (pictured right). While in some ways it may be more appropriate, it definitely was not as attention grabbing.



I make no apologies for the Christian, biblical basis for much of the content in this book. I believe the Word of God is revealed through the Bible...and not through other "lost books" of the Bible, other "holy" books competing with the Bible, dreams, feelings, daily life experiences, UFO contactees, enlighten and ascended masters, gurus, channelers, mediums, yogis, ancient or modern day prophets or prophecies, new age philosophers or philosophies, ordained ministers, churches, religious organizations and movements of

every description and variety. Those who may not be convinced of the authenticity and validity of the Bible are urged to read these two articles:

- a. A Major Proof of the Bible: <http://www.askelm.com/doctrine/d740101.htm>
- b. Restoring the Original Bible: <http://www.askelm.com/restoring/index.asp>

I sincerely hope that the readers of this book obtain something of value from it. I also know that cold hard truth is usually a hard sell. If I wrote this book as a fiction novel, I probably would have a best seller on my hands. 😊

Kenneth Nagele



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The German Philosopher, Arthur Schopenhauer
explains that Truth undergoes three stages:

First, it is ridiculed.

Second, it is violently opposed.

and Third, it is accepted as being self-evident.

Chapter 1

OK, What Is The Good News?

The terms “good news” and “gospel” are synonymous. And from the gospel, “the good book” or, as it is more commonly known, the Bible, we have some answers to many of life’s mysteries.



In today’s uncertain world, where potential disasters of every variety appear to be lurking right around the corner and despondency prevails with much of the population, the subject of prophecy has become a subject of interest to many people. Many in the Christian world are convinced that we are *now* in the biblically prophesied “end-times”...and that the Second Coming is just around the corner. Books on this subject are very popular these days. Seminars and websites abound to sell you everything necessary for you to survive the turbulent end-times...even securing your position in the perceived pre-tribulation rapture of the chosen few.

Among the non-Christian peoples, there is also an expectancy of a major prophetic change to occur in the year 2012. Prophecies, books and websites abound on the ancient Mayans, based on the fact that their calendar ends in that year. Interestingly, nothing in the Bible alludes to the year 2012 in any way. But the event is significant enough to occasionally draw the attention of the news media as a subject worthy of discussion.

People are quick to point out the many natural disasters of earthquakes, volcanic eruptions, tsunamis, hurricanes, storms and the latest perceived disaster of global warming, all seem to be worsening. These observations, combined with the worsening of the world's political situation, lead many to believe that, indeed, the end is near.

But what does the Bible say about these matters? Yes, it does mention natural disasters, wars and rumors of wars. But there are other important parts to biblical prophecy that are ignored by almost all preachers and end-time writers of today. Once we understand these other points, the perception of our place in the end-time timeline can be more correctly understood...along with what life will really be like in the end-times.

Most students of the Bible are familiar with the end-time “seven year rule of the Antichrist.” I won't go into it here, but there is much information online and on the ASK website: <http://www.askelm.com/essentials/ess030.htm>.

First, there is an event ignored by all writers of biblical end-time prophecies. That event should *give us hope* (or, as we will see later, *give our children hope*) for a better life *in this lifetime*...and before the second coming occurs. That event is the prophesied “Golden Age,” right at the beginning of the seven years of Antichrist rule:

<http://www.askelm.com/prophecy/p900601.htm> and

<http://www.askelm.com/secrets/sec108.htm>. To quote Dr. Martin:

The Fourth Point: Man at his Zenith

When the Fourth Beast of Daniel is ruled by its last king, the world will then come into what mankind will call a “Golden Age.” The Bible calls it the ultimate kingdom of man for glory and civilization. It will become a 666 type of civilization (Revelation 13:18). This number is not as ominous as some people might imagine. The number 6 is the number that characterizes man — or mankind and his social environment.



Recall that man was created at the end of God's sixth day (Genesis 1:26–31). God's day in association with the earth is the seventh day — the Sabbath. But Christ became the Savior of the world and sat down next to the Father in heaven on the eighth day. It was also noticed in very early times that the name "Jesus" (when its letters are added together) comes to 888. This means that "Jesus" is even better than 7 — or even 777. But man can only be reckoned as 666. (*Editor's note* – Please note that the name "Jesus" is *not* His original name: <http://www.cogwriter.com/jesusname.htm>).

The significance of these numbers is this. For the 6000 years of man's existence on this earth in which his ways predominate (note the number 6 associated with 6000), we find man's greatest achievement in civilization arriving at the very end of that 6000 years when he will advance to a 666 position of glory. The Millennium, however, is the seventh thousand year period (a Sabbath period) in which Christ will be governing mankind on earth. That phase of time will advance to a 777 position of glory. But Christ will raise us to a state of glory beyond even the 777 stage. The word "Jesus" equals 888. It represents the ultimate glory. It is glory par excellence. This symbolic number signifies being a member of the Royal Family of God. All of us through Christ are destined to become members of the ruling family that controls and sustains the entirety of the universe.

In the meantime however, mankind will finally, at the very end of his 6,000 years of influence on earth, achieve a 666 existence of glory, and it will be a "Golden Age" indeed. It will resemble the Kingdom of Solomon and most people on earth will equate it with the prophesied Kingdom of God. The man who heads it will mistakenly be considered as Christ returned from heaven. And there will be a real invasion from heaven that will inspire this man to accomplish the grand achievements that God will allow him to produce. This coming from heaven, that results in fooling the world into believing the Second Advent of Christ has occurred, is described in Revelation 12:7–17.

And look at what this final ruler will accomplish in the sight of men. There will be outstanding miracles that will dazzle the world (Revelation 13:3, 11–15). He will display extraordinary understanding in **“dark sentences”** (Daniel 8:23). This means he will have a brilliance at solving some of the great mysteries of life and the natural world that have puzzled scientists for centuries. Many breakthroughs in finding medical cures of the serious diseases will be forthcoming. More than that, he will duplicate the feats of Solomon as described in I Kings 4:20–34, and he will proclaim that the glorious condition as shown in Psalm 72 has been fulfilled in his kingdom. In a word, he will state loud and clear to the world that the messianic kingdom of God has now appeared on earth in his person, and the world will believe him.

Interestingly, this prophesied “Golden Age” for mankind is not many years ahead of us. It is beginning to develop already. And though it will be inspired by Satan the Devil, the one in charge of causing it to happen is God Almighty himself. As a gesture of demonstrating God’s divine power and authority, God will allow this final kingdom to appear on earth to teach mankind that our ways (if accomplished on our own and without his help) may bring in a “Golden Age” for a time, but there can be no lasting peace and security unless the true Christ Jesus is at the helm and directing the totality of civilization.

Note that the apostle Paul said that the world will finally accept this last ruler of Daniel’s Fourth Kingdom as the returned Christ from heaven because God puts it in their hearts to do so. **“God shall send them strong delusion, that they should believe the lie”** (2 Thessalonians 2:11, Greek). When one reads the apostle Paul carefully, he said that mankind of themselves would find questionable the claims of this man and his cohorts. But God will step in and send the population of the world a **“strong delusion”** so that they will accept the miracles, signs and lying wonders as being from God, not Satan (verse 9).

Chapter 1 *OK, What Is The Good News?*

Mankind will indeed “**believe the lie.**” And what is “**the lie**”? It is the statement of this man that his kingdom is the prophesied Kingdom of God and that he is Christ returned from heaven or that he is the spirit essence of Christ and the Father. The truth is, he will be coming in the authority and power of no less than Satan the Devil himself (verse 9).

Also note that this lie or deception will be so convincing that even the apostles, were they to be alive and present at that time, would themselves be fooled:

<http://www.askelm.com/secrets/sec108.htm>

This Golden Age has not yet occurred. And while incredible new discoveries are constantly being made every day, the fact of the matter is that most technology does not directly benefit mankind in a positive way. In fact, most “advanced technology” is basically squelched by our controllers who surreptitiously rule the world. This is why much of the world goes to bed hungry, doesn’t have clean water to drink or even an adequate house to live in...and why we are all still dependent on an obviously controlled oil cartel.

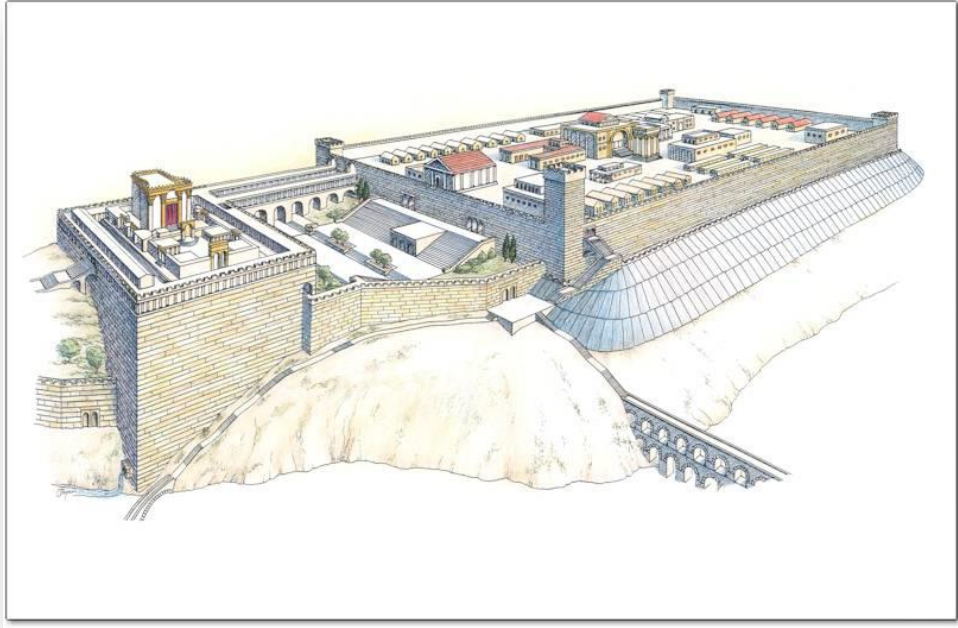
When will the Golden Age happen? The Bible gives us specific indicators of events that must transpire *before* the end of this age occurs (and the Golden Age begins): <http://askelm.com/news/n110520.pdf>. Those events have not yet occurred...nor do they appear to be on the immediate horizon.



An example of one such indicator would be the prophesied rebuilding of the Temple Mount in Jerusalem (a drawing of the original is portrayed on the next page). Not only is the correct location of the Temple Mount (as discovered by Dr. Martin) still publically unaccepted by most people (<http://www.askelm.com/temple/t980504.htm>), there is no immediate and serious plan to rebuild it. And, according to the Bible, the cost of this Temple rebuilding will be borne by none other than the King of Persia...or Iran:

Chapter 1 *OK, What Is The Good News?*

<http://www.askelm.com/prophecy/p060401.htm>. This scenario is hardly thinkable in today's political situation.



To quote Dr. Martin again:

Not only that, these Iranians, or this King who will rule at the time, will actually help the Israelis build a new temple in the Jerusalem area. And it also says in prophecies that have never occurred in history, in the 50th and the 51st chapters of the Book of Jeremiah, that the Iranians will help to gather nations together to destroy Babylon, indeed, helping Israel to destroy Babylon. That is in the prophecy regarding Nebuchadnezzar and others. That is right. Persia will, near this time of the Second Coming of Christ, actually aid God in doing a reversal, shall we say, of what they have been doing over recent years. Remember that the ten kings mentioned in the Book of Revelation in chapter 17 and 18 shall finally fight against one another, and they will turn on the beast of Babylon and also help destroy Babylon.

Chapter 1 *OK, What Is The Good News?*

In addition to the specific event indicators is the chronological, biblical end-time timeline. Many throughout history have predicted exact dates for the Second Coming of Christ ... and all have failed. We certainly don't know any exact dates either. The Bible even states that the times of the end could even be lengthened or shortened. That being said, the Bible still does give us some guidelines as to when the end-times (or the end of this age) *might come*. This was one of Dr. Martin's last and perhaps greatest end-time biblical chronology discoveries. I urge the reader to take the time to completely read his entire article: <http://www.askelm.com/prophecy/p021201.htm>.

Utilizing the principle of three's, where all major prophetic events happen three times, one can project a *possible* time of the end. That time may well be the year 2070. Based on that understanding and on the present lack of event indicators, it is obvious that we are *not* in the end-times at this point. In fact, we are not even close to it. Our young children, however, may well be alive to witness the beginning of the Golden Age...and the second coming of Jesus Christ. They will be the ones to experience the Golden Age of prosperity *before* the second coming occurs.

And that is *the good news*. But there is even more to life that we need to be aware of.

And that is the *better news*!



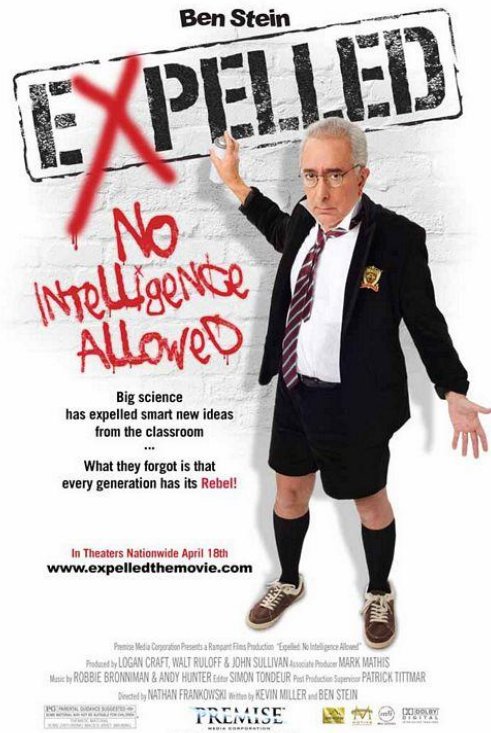
Chapter 2

And The Better News?

There is a mystery that we as human beings don't seem to ponder a lot on. Yet, when you think about it, it's really the most important question that we should be asking ourselves.

The mystery question is, "Who are we?" and "Why are we here?" Are we the result of an accident? Did a "big bang" happen for some unknown reason and we magically evolved over billions of years into human beings. Starting out as an ameba, graduating to a fish that somehow developed legs and began crawling. Then manages to walk upright and magically starts thinking and talking?

Amazingly, a good percentage of very well educated people buy into this fantasy theory. A theory that is promoted by our schools of "higher education." A movie came out in 2008 entitled, *Expelled: No Intelligence Allowed*, starring the famous actor Ben Stein.



The movie was very well done and at times was even very humorous. It not only exposed the absurdness of the evolution theory, but documented the vast number of scholars that have been silenced and fired for even remotely suggesting that there is a higher intelligence of design to our universe. Obviously, the powers to be don't like that

Chapter 2 *And The Better News?*

idea. The movie endured tremendous criticism and even its website was finally removed. It is still castigated today on Wikipedia:

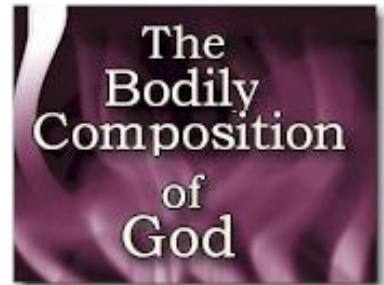
http://en.wikipedia.org/wiki/Expelled_No_Intelligence_Allowed

Thankfully, many renowned scientists still refuse to be silenced and are now admitting that since the universe and the world seem to have a large degree of order and design to it, then quite obviously there must be a designer...and a creator. Maybe even a God?

The creation question is now being addressed in many books, videos and on websites that provide a brand new explanation for the biblical account of creation. Note that the creation subject is both *scientifically and biblically* addressed. Many creation websites can be found here: <http://www.creationscienceoc.org/creationwebsites.htm>

OK, you say, “So I’m not an accident and I didn’t evolve from a fish.” So what is this *better news*?

The Bible indicates that you were created in the image and likeness of God. That means God is a specific entity (as we are), and has a bodily form (as we do). His bodily form (arms, legs, head, etc.), however, is composed of “spirit” matter (as opposed to our carbon based composition). God is not some type of nebulous inner spirit residing inside all of us, as many “New Agers” would like to demote Him too. Dr. Martin expounds on this subject in these three articles:



<http://www.askelm.com/doctrine/d080601.htm>

<http://www.askelm.com/doctrine/d940201.htm>

<http://www.askelm.com/essentials/ess039.htm>

Chapter 2 *And The Better News?*

But there is much more to understand. We were created in His image and we were created to have a specific destination...and *a purpose*. This lifetime of some 80-plus years is basically a training session. A time to learn. A time to grow in grace and knowledge. A time to reproduce. A time to experience both the good and the bad. And a time to develop character. It's not a continuing cycle of reincarnation (until we get it right?), as some would have you believe. That concept is simply not found in the Bible.



“So when we die, do we go to our final reward in heaven? After all, that is what the churches and religions of the world teach, don't they?” Yes, most do teach that. And the fact that so many teach it is reason enough to be suspect of its validity. That is because they don't get it from the Bible. The “be good so when you die you will go to heaven” concept just isn't in the Bible. It's 100% man-made. There is, in fact, a destiny much greater than that awaiting us.



To get back to the original question asked at the beginning of this chapter, “Who are we?” The answer is very simple. **We are the sons and daughters of the God Family.** Read Dr. Martin's article, *Just Who Are You?*, for a more concise explanation of this subject:

<http://www.askelm.com/doctrine/d020401.htm>.

Did I say the God Family (as in more than one, two or even three personages?) Yes, I did. “But what about the Holy Trinity? I've been taught that God is composed of only three personages, the Father, the Son and the Holy Ghost (or Spirit).

Yes, there is a trinity...of sorts (even though the word “trinity” is not mentioned even once in the Bible). There is God the Father, creator of all things, both good and evil. Then there is His *first born son*, Jesus Christ, the Savior of all mankind. And then there is

us; mankind. All who have ever lived...all who are living now...and all who are yet to be born.

You see, the Holy Spirit is a force, not a personage. It's like the electricity that makes an appliance work. And it is different than the human spirit that all people have and makes us different than the animal kingdom. The contemporary Trinity Doctrine simply doesn't hold up under scholastic examination of the Bible.

So why do the Christian churches teach the Trinity Doctrine? *Because they unwittingly want to obscure your final destination.* They don't want you to know why you are really here...and where it is that you are *really going*. So they obscure the truth with this convenient doctrine. They want you to believe that there are only three persons in the Family of God...and you are not one of them (and never will be).

"So, what happens to me when I die?", you might ask. The Bible says your physical body goes back to the dust of the earth. But your thoughts, memories and your character are preserved for a future time: <http://www.askelm.com/essentials/ess018a.htm>.



That future time is called the *resurrection*. There will actually be two different resurrection time periods in the future, both here on earth.

The first one will be at the second coming of Christ, when all who are in Christ (and have also overcome)...and all who ever were in Christ (and have also overcome), will be resurrected from the dead.

They will be resurrected into a physical body. But then, in the twinkling of an eye, all of the resurrected will then be transformed into spirit beings...and made part of the God Family for eternity. Read Dr. Martin's article on this here:

Chapter 2 *And The Better News?*

<http://askelm.com/doctrine/d971005.htm>. Note, too, that there may well be different qualifications for different people throughout the ages. Admittance into the Kingdom of God is most definitely an *award* one must qualify for:

<http://ernestlmartin.com/kingdomofgod-firstresurrection.htm>

You see, it is God's ultimate goal to multiply Himself...through us. And we are destined to *spend eternity as part of the God Family*.

But what about those *not* in Christ, who actually compose the majority of mankind? They too will be resurrected in the second resurrection...and will be given the same opportunity to accept Christ...and be transformed into everlasting life in the God Family. You see, God loves *all* people. Even those who have done great evil in their lives will be given a chance to change...and then be resurrected into the God Family.

So what does this mean for us today? It means that we should be living a Godly life in this lifetime. We should be developing Godly character and wisdom. We should be conducting ourselves as though we are princes and princesses of a royal family ... because that is exactly what our destination is...for all of eternity. We should be qualifying for the Kingdom of God on a daily basis.

And that is *the better news*.



Chapter 3

Now Tell Me The Bad News

The Bible teaches us to be ever watchful. Watchful of events that could signify *the end of this age*. While some Christians would rejoice in learning that we were in the “end-times,” most live in fear and apprehension of those tumultuous times. Many think we are actually in them right now.

When we read or listen to the news media, it’s almost always negative news. The truth of the matter is, however, that while there are many good things happening in the world (most of which goes unreported), the world situation is really *much worse* than even what our controlled media presents to us on a daily basis. They don’t tell us how bad it really is because if they did, it would become readily apparent how controlled our so-called free society really is. The news that is presented to us is not as bad as it seems...it’s actually much worse! We are basically lied to on a daily basis. The lies in our life start in our educational system, continue on in our institutions of higher education and are reinforced daily through the controlled news media.

All of us (in the free world) have been raised to believe we live in a democracy, though that was never really the intent of America’s founders. It was intended to be a republic, ruled by law as outlined in the U.S. Constitution (and other similar constitutions). Many observers believe that the U.S.A. has now degenerated over the years into the present sad state of affairs that we now label a democracy (or mob rule). The same would apply to other such countries, too.

Our democracy is becoming less democratic as time marches on. And our political leaders all seem to be all melting into the same type of pathological, spineless jellyfish,

Chapter 3 *Now Tell Me The Bad News*

regardless of their party affiliation or rhetoric to the contrary. One thing is very certain; most of them are not listening to the people who elected them.



So how does this happen? How can highly educated elected representatives continue to make blunder after blunder...and then, amazingly, get re-elected to continue to do it all over again? From just a mathematical standpoint, one could argue that if you did nothing but flip a coin on every decision, you would be right at least half the time. But they can't even match that percentage. And on the really important issues (like free trade, war issues, upholding the Constitution, etc.), they all seem to vote *exactly the same*.

Obviously, something is not right. Yes, there are theoretically checks and balances to prevent the abuses of power. But as we watch the reality of our system of government play out, it becomes obvious to any truly thinking person that there is something else going on *behind the scenes*.

That something else is often referred to as the *shadow government*. They are the puppeteers who pull the strings to make things go their way. It would seem that our entire government, both elected and non-elected, are simply puppets of the puppeteers. They perform as directed, ordered, coerced, bribed and/or threatened.



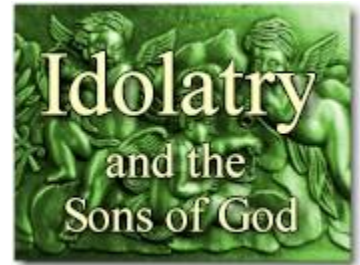
So now for the big questions..."Who are the puppeteers? Who is actually pulling the strings? How can an apparent *conspiracy* exist within a *free society*? Where are all the whistle blowers? Where is the *free press* to expose such unconstitutional activity?" Surely no one in the government is capable of keeping a secret of this magnitude. Or are they?

Chapter 3 *Now Tell Me The Bad News*

Is this in fact the beginning of a New World Order? And what does the Bible have to say about this New World Order? Dr. Martin's article on the New World Order offers a biblical perspective: <http://www.askelm.com/prophecy/p900601.htm>.

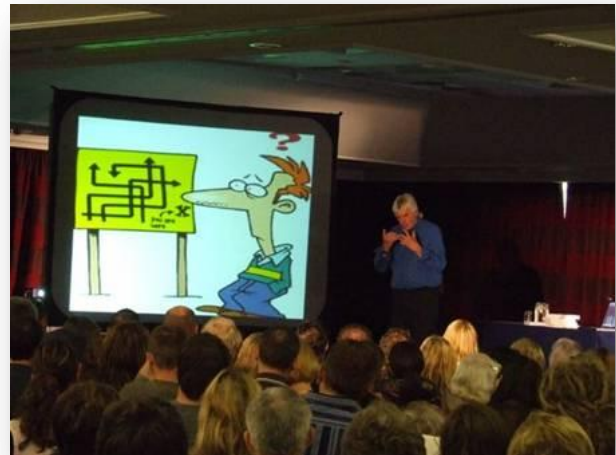
What are the names of the people behind this shadow government? Is this a phenomena peculiar to the United States only...or does it actually exist in all governments around the world, in one form or another?

The answer is that not only does it exist worldwide, but it has existed since the very beginning of recorded time. Are the present hidden rulers of the world the descendents of the ancient Nephilim, the product of the union of the "Sons of God" and "the daughters of men," as described in Genesis 6:1-4: <http://www.askelm.com/doctrine/d070201.htm> and <http://www.askelm.com/doctrine/d070301.htm>?



Or, are these people descendants of the Edomites? <http://www.askelm.com/prophecy/p060701.htm>

And do these people have a DNA (or a bloodline or vibrational quality) that is distinctively different than the rest of us (as they had in those days?) Is the modern day term, "blue-bloods," traditionally used to describe European royalty, actually a euphemism for this DNA/bloodline/vibrational difference in genetic makeup?



Do these people also have a similar relationship with the biblical Satan the Devil? Recent revelations of our very top leaders, witnessed by those close to them, would seem to

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indicate that these leaders sometimes exhibit certain “serpent” or “reptilian” like qualities, as the biblical Genesis description of Satan the Devil describes:

www.askelm.com/news/n070415.pdf

These qualities, according to witnesses, would include the temporary transformation (shape-shifting) of the eyes (which often are oblong and not round) and sometimes parts of or even the entire body, under certain highly stressful, agitated or emotional conditions. Many online images and videos purport to demonstrate this phenomenon. One of the chief proponents on the reptilian subject is author and researcher David Icke: <http://www.davidicke.com>. Mr. Icke has written and lectured worldwide on all aspects of our hidden rulers...and on the relatively new discovery of the reptilian factor. Many of his important works are linked at: <http://ernestlmartin.com/indexold.htm#DavidIcke>. Please take the time to read the two free online books and watch the six online videos. Please also note that Mr. Icke is not a fan of the Bible or of Christianity and has his own views on creation and religion. I recommend and promote him *only* because he is the most knowledgeable and effective speaker on this subject worldwide.

Now, back to our shadow government. Who exactly are they? Generically, we refer to them collectively as the *Illuminati*. They are a close knit group of families, tied together by the above mentioned, centuries-old bloodlines, and who basically direct major events worldwide.



They do this through the use of secret and semi-secret organizations. Some of the better known groups in the U.S. are the Council of Foreign Relations, The Trilateral Commission and the Bilderberg Group. But many other interwoven groups exist, too. The people that belong to these groups are all top people in our government, judiciary, military, science, medicine and industry. Hence,

their ability to circumvent the democratic process with ease, when called upon to do so. As if this were not bad enough, many of these same people, well-known leaders in our society, are also participants in the satanic underworld of ritual abuse and pedophilia.



The subject of the Illuminati is vast and there are dozens of websites and hundreds of books on the subject. I have elected not to go into the history of them or try to convince anyone of their existence. There are many other writers far more capable of doing that than I am. For further research on the entire subject, I recommend starting with the Illuminati section on the ASSOCIATES ONLINE website:

<http://ernestlmartin.com/index5.htm#illuminati>

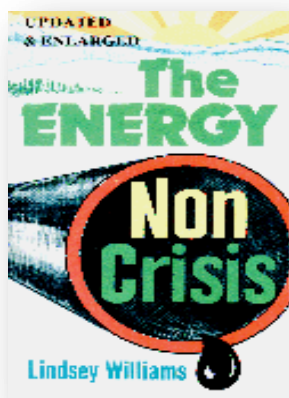
So what is the bad news? The bad news is that after years of secret behind the scene manipulations of world affairs (creating and funding wars, famines and economic turmoil, etc.) they now seem to be operating with a *new, unprecedented degree of blatancy...and urgency*. Their goal has always been the creation of a one-world government...and a drastic reduction in the world population. And while they have historically taken their time to work towards that goal, there now seems to be a *new sense of urgency* to meet that agenda. Perhaps, because the present top leadership is aging rapidly? Hence, the present uncertain and chaotic state of world affairs.

Exactly what is happening now? And what is going to happen in the immediate future? Our place in time right now could easily be compared to that of Nazi Germany in 1933. It would appear that we are on the threshold of some major political changes that will affect all of us. Despite the best efforts of Congressman Ron Paul, the only congressman not completely owned by the Illuminati, all efforts to affect change by working within

the system seem to be dashed. While he continues to keep his constitutional freedom movement alive, the Illuminati marches on completely unaffected.

I certainly don't claim to be any prophet. And I don't have any inside information. But I have studied this subject for over three decades now and can give some general observations as to what *may* transpire over the next decade.

First, as this book was originally written in mid-2008, the price of oil had gone through the roof, increasing almost 40%. And then it went very low. Rest assured that this had nothing to do with supply and demand. The world did not suddenly need 40% more oil. In fact, the world is drowning in oil and it only costs about \$22 per barrel to look for it, drill it, pump it, refine it and distribute it.



This increase is nothing but price manipulations on many different levels. In case you forgot, we've already had two totally phony "oil crises" in the 1970's...all brought to you by the very same people. But it's not about the money, as most people erroneously believe. It's about *people control*...and *people elimination*.

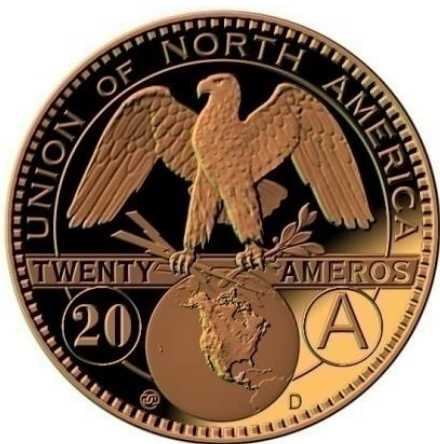
The ramifications of an increase in oil prices are tremendous, as everything in our society is dependent on oil. As the actual costs of goods and services continues to outpace the income of consumers, we can expect a continued lowering of our collective standard of living...and possibly even food and other shortages, especially in the poorer third world countries. Any temporary decrease in oil prices are bound to be short lived. A war with Iran, for example, would drive them back up overnight.

Second, it's no secret that the United States is broke...and has been for quite some time. While the value of the dollar is fluctuating, our GDP is 13 trillion dollars and our debts are 120 trillion dollars. This U.S. is financially and technically bankrupt.

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But what most Americans don't realize is that we have been playing this big game of Monopoly for quite some time now. The so called Federal Reserve System is not Federal at all. It's a private corporation (controlled by the Illuminati's internationalist bankers), whose very existence is totally unconstitutional. We have for years been passing around worthless notes (aka, dollars) which have no value as defined in the Constitution.

Third, our freedoms and our national sovereignty are at great risk. Thousands of men and women have died to preserve our freedoms in past wars. It would appear that they may have died in vain, as our real enemy is one we can't really see.



In Europe, they already have a de facto regional government known as the European Union. This governmental body can pass laws and regulations that supersede the laws of its own member countries. The same thing may happen to the United States. It *might* start with a new currency (like Europe's Euro) called the Amero (pictured left). It would replace the American and Canadian dollar and the Mexican peso.

The three countries would then be surreptitiously governed by the North American Union, just as the European Union governs today. The EU has already been successful in banning and seriously restricting vitamins and other health supplements. Many will die and become ill because of this. Such legislation, known as "CODEX Alimentarius" (part of the "Agenda 21" program), is a heartbeat away from being implemented in Canada and in the U.S.

The North American Super Corridor (pictured below) is already being implemented without any congressional approval. This will help facilitate the eventual economic merger of the three North American countries. It will also increase drug importation and illegal immigration into the U.S., both of which is already crippling the economy and causing many serious social problems.



Last, but not least, the war in Afghanistan continues on, with no apparent end in sight. The country of Iraq has already been decimated in a manner that is nothing short of genocide. Major building of permanent U.S. installations continues on there. The Iraqi oil is not even used to help the U.S.

The Iraqis continue to suffer at the hands of the U.S. private contractors. Health care is almost nonexistent. Most of the middle class has fled to Syria and Jordan, where they mainly live in poverty. Those left behind must live with the depleted uranium from U.S. weapons that pollutes the environment of the entire country. Basic necessities of life, such as water, power and sanitation, are still severely and purposely limited.

I could write an entire book on all of the other evils that most people are totally unaware of. Some of those evils would include:

a. *The ongoing chemtrail poisoning phenomena.*

Amazingly, most people will go through an entire day (and actually their entire life) and never look up and see the government's daily poisoning of our skies. It's been happening *worldwide* for well over two decades. Why would most nations ever agree to this U.S. sponsored poisoning of their country's own air? These chemtrails have been scientifically analyzed and are a cocktail of deadly ingredients and biological agents. They may well be related to some new diseases, like Morgellons, that the government refuses to even acknowledge. Or, there may be an even more sinister reason for the chemtrails involving major weather modification,



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nanotechnology, micro chipping, genetic modification...or just simple population reduction.

b. *Government sponsored terrorism: 9/11, the Oklahoma City bombing, Waco, etc.*

Amazingly, many people still do not see the obvious participation of elements of the government to conduct terror against its own people. 9/11 is the most blatant example of all, with conclusive evidence of government complicity presented on many websites. So blatant is this evidence, that I routinely use this incident as the benchmark issue to determine where a person's level of understanding is at. This link is probably the most comprehensive on the entire Internet: <http://ernestlmartin.com/index7.htm#9/11>.



- c. *The resulting loss of freedoms.* Cumbersome and annoying airport security is what most people see. Thousands of American citizens can't even board a plane at all because they somehow were placed on a "no-fly" list. But what most Americans don't realize is that the laws and executive orders presently on the books allow for the orderly transition of our democratic form of government into a virtual dictatorship overnight. All it would take is another 9/11-like, government sponsored incident to implement this change.
- d. *The start of a new Iranian war.* Using the pretense of a nuclear threat, the U.S. (and/or Israel) is ready to pounce on Iran at the slightest provocation. It's all

part of the Illuminati's Middle East destabilization plan (necessary for the creation of their one-world government). The repercussions of such a war would be economically catastrophic to the entire world.

e. *The use of Depleted Uranium (DU) in the U.S.*

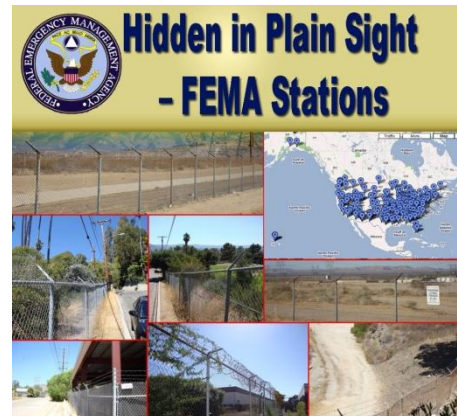
military arsenal. This callous disregard for the health of all of mankind is not only internationally illegal; it can only be viewed as just another part of the Illuminati's overall population reduction program. As it stands right now, much of Iraq is radioactively "hot" and unsafe for human habitation. Our own



soldiers have become irradiated by just being exposed to the environment there. Many are starting to show the resulting DU poisoning symptoms...and are passing them on to their families when they return home. The Iraqis are suffering the most and have the most horrendous health problems...with the least resources to deal with them.

f. *Concentration camps and secret*

prisons...on American soil. We've all heard about the horrors of "Gitmo," the infamous Guantanamo Base prison in Cuba and the many other such U.S. bases in other countries and on certain U.S. ships. What we haven't heard about is the hundreds of concentration camps now in existence *on*



American soil. These are all documentable. Many of the websites documenting them are located here: <http://ernestlmartin.com/index5.htm#illuminati>.

g. *The continued elimination of American manufacturing.* With almost everything now being made in China (forget what the Illuminati controlled, *CIA Factbook* says to the contrary: <http://www.rense.com/general69/factnb.htm>), the U.S.

economy continues to slide downhill. The American middle class continues to be eliminated and lose its wealth, as their previous manufacturing pay goes to a basically slave labor class of people in China and elsewhere. Ross Perot was right; you can't export your manufacturing and survive as a nation. Ironically, there are more billionaires (1,125 to be exact) both here and around the world than ever before (though many have now seen their wealth reduced with the latest economic downturn). As the saying goes, the rich are getting richer and the poor are getting poorer. And the middle class is disappearing.

- h. *The ongoing battle over health issues.* Realizing that health control is in fact people control, the Illuminati's FDA/AMA/drug manufacturers continue to misinform and propagandize. It goes out of its way to keep mainstream, allopathic medicine as the treatment of choice, with the ever increasing drugging of the population. Alternative health choices, natural supplements and even beneficial foods are routinely attacked, criticized, regulated and/or eliminated. The cost of medical health continues to go through the roof while dangerous drugs and vaccinations are approved and promoted daily. New drug resistant "superbugs," hospital-acquired and deadly, are going unchecked. Making money off of the sick and dying seems to be the callous name of this population reduction game. The government's new healthcare program only promises to make a bad situation even worse.
- i. *The ongoing issue of illegal immigration.* The incredible sociological and financial implications of this problem are documented on many websites. Amazingly, even though it is also a security issue, no one in the U.S. Government is taking it seriously. The cost of this invasion is staggering. The solution to it has always been simple; just enforce the laws already on the books; eliminate the baby anchor laws; stop giving them



freebies, and they will all go home on their own. Ironically, no other nation on the face of the earth would tolerate such an injustice to its own legitimate citizens...including Mexico. We can only view this absurd situation as yet another tactic of the Illuminati to destroy the integrity of the United States.

- j. *The forced usage of genetically modified (GM) seeds in farming.* This is nothing but population control through (poor) health and a controlled supply of seeds (food). Initiated by CODEX Alimentarius, they also want to eliminate all food supplements (vitamins, herbs, etc.). In reality, it is a form of genocide or population reduction.

- k. *The covert control of most major corporations and banks.*

From the esoteric symbolism in their logos, to the control of their boardrooms by members of semi-secret organizations, to the unholy alliances with Illuminati controlled banks,



most corporations will do the bidding of the illuminati agenda...even to their own detriment and to the detriment of their own employees. As if that is not bad enough, the U.S. government covertly owns major shares in these companies, through thinly disguised investment groups that the government regularly invests its (or our) money in. Major tax concessions are made to them as "incentives"...with our tax dollars.

- l. *The secret second set of books* kept by all government entities...aka, Comprehensive Annual Financial Reports (CAFRS). This second set of books is actually distributed to all news media and institutes of higher education...who in turn keep it secret from the public and from the educational institute's students. It is the biggest *public secret* in existence. The cumulative amount is measured in the trillions of dollars. And where is this money kept? In

investments in the private sector (and subsequent control of those companies). There is so much money invested that the government could actually cease all taxation for years to come...and still have enough money to operate on:

<http://rense.com/general74/whatr.htm>

All of these evils (and many more that could be listed) are the result of Illuminati manipulations. These manipulations have been going on for a long time. But our news media and educational system have failed to inform us of them. In case the reader feels this is just this author's opinion only, let's review this subject by another, very noted author:

40 TECHNIQUES OF THE ILLUMINATI

By Gianni DeVincent Hayes, Ph.D

June 10, 2008

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<http://www.newswithviews.com/Hayes/gianni25.htm>



Americans are possessed with ennui and malaise, and worst of all, *fears*. Perhaps these conditions explain the rash of suicides, the campus murders, the weariness, the failure to act on others' behalf, the inertia and apathy, and the near lack of humanism.

The Inner Circle, the Elitists, the Powers—any name you want to call them—plan and organize behind closed doors to bring about their global governance, or the New World Order (NWO) or one-world government. To do this, they must push every country to its knees so that the citizenry cannot fight back. America appears to be the last stronghold for them to conquer, and at that, we are already weakened. They employ a slate of techniques to establish the NWO, but behind each of these methods is one basic practice: To instill fear in the masses so that we will rely on the government for safety and protection, and thus yield our rights and freedoms in the process. Below are some of the major means for the Illuminati to achieve their goal, but don't mistake a rose for a rose and attribute everything to them:

1. Harassment: When faced with opposition, the Elitists first attempt to overcome by “buying” someone out. If that doesn't work, they resort to discrediting and then harassment in extreme form via endless phone calls, tapping or tracking, or tailing and following as well as putting out negative, disparaging and secret info on them, snooping in their lives and projects. IRS

hassles, accusing one of false crimes, negatively doctoring a person's personal and work records are all means for the Illuminati to gain superiority over individuals and to make them cede to their goals. Driving opponents or dissenters mad or to the point of paranoia is one of their prized exercises.

2. Population Control: Invented food shortages, water contamination, lack of space, depletion of "green" are maneuvers to slice off 2/3rd of the world's six-billion citizens, and save themselves, while allowing death and other horrors to befall the other 4-billion. Subtle means of ending our existence include abortion (Planned Parent ... is the main culprit), genetic engineering (cloning allows engineers to create an army of soldiers bred to have massive muscle bulk, superior senses, powerful killing skills or to breed doubles to replace people; it also introduces chimeras (hybrid animal/human forms), and angels of death (ridding hospitals, clinics—the general population—of infirmed and old people who put burdens on our society. Euthanasia is a form of this, as are fatal surgical procedures).

3. Contamination: Any form of poisoning will kill a sizeable population, and this can be targeted. The elite can contaminate our water supplies and food resources, and despoil our land (soil impregnated with bacteria, oil and other toxic spills).

4. Detainment Camps are set up as holding areas until termination ensues or the enslavement of those in society they believe will serve as strong and vital slaves. Whether factual or not, that we even believe they exist puts us in a state of fear and anger. Underlying the knowledge of such Gulags is the simple fact that the American populace realizes that a police state or Martial Law is on the horizon.

5. Moral Corruption has been and remains a major technique for bringing about the New World Order, with all its anti-Americanism, anti-patriotism, and anti-traditionalism going on. Destruction of home-taught values has been aligned with the new educational dockets in government schools. Relative values rule over old-fashioned, family-oriented absolute values...what is morally, ethically and legally right and wrong ("Whatever feels right to you...do it, even if it isn't").

6. Diversity: This refers to forcing us to show tolerance, understanding and acceptance for values we do not believe in. "Political correctness" was the thrust for this. Censorship and hate crimes are also a means for forcing undesirable changes down our throats.

7. Racial Dissention: This is a method they use to create conflict among races and nationalities, as in "Divide and conquer."

8. Removal of God: The Elite work hard to prohibit us from making any reference to God or Christ and the sacredness of Christianity in public but yet they

promote pagan holidays, Wicca, black magic and practice Satanism. A society lacking in God and spirituality—especially one supposedly built on Christianity—is a doomed civilization, and one that easily cedes to others. Apostasy in our churches, especially Catholicism, is a sign of the destruction foisted on us. Their goal is to reach back to the Ancient Mysteries, and to learn what they believe are advanced technologies from ancient aliens and gods.

9. Ecumenism is another parameter for a one-world religion. Believing that Christ is not the savior, or that other people or so called "prophets" are the saviors makes Christianity invalid. Some believe New Ageism will be the one-world religion, while others think global warming will become the hymn. An aspect of their plan is their contrived apocalypse based on the books of Revelation and Daniel.

10. Remiss Authority Figures: Many parents and adults fear today's youth. Kids scream, yell, mock, and often physically abuse their parents or other elders. They're rude and disrespectful. Much of this is attributed to the "It takes a village to raise a child" mentality, where children are supposed to be cuddled, free-thinking, and do whatever they want. Parents and authority have become remiss in correcting foul children. The Elite encourage children to resist authority, on one hand, while wanting them to mindlessly obey, on the other.

11. Failing Educational System: Education is the key approach for altering children's beliefs of what is right and wrong through mind control programs, rewriting history, introducing alternative and debased sexual teachings, and false ideologies. This conditions them to accept whatever the Powers lay before them, and they are dumbed down so that they won't learn the truth and rebel.

12. Sexual Perversion is used to advance Elitists' goals and degrade our morals, getting us to accept and even adopt anything they put on us, and often using such activity to blackmail us.

13. Drugs/Alcohol: Breeding a society of chemically abused and dependent individuals is one way to get people to accept matters contrary to their morals, and to rely on the government to help them get through it. Addiction robs us financially and psychologically while diverting law enforcement efforts to other areas. Prescribed medicine makes us reliant on pills and doctors while ballooning Big Pharma profits.

14. Gambling: Promoting illegal activities through pretenses of "enjoyment" and promises of making big money is yet another scheme by the Elitist to keep us dependent on money and materialism for our happiness, and to be dependent on outside forces for our happenings and success.

15. Chaos is a maneuver to keep us bewildered. By putting events and activities in a framework of utter turmoil where no one knows what to do, who to believe, or on whom to rely, the Powers can emerge as the saviors by offering solutions to the chaos they have secretly exacted. Conflicting issues via the Hegelian Dialectics keep the masses on edge, doubting, and confused, as well as sidetracked from the real issues they want to forward.

16. Cover-ups: What the Illuminati don't want us to know, they cover up by disposing of the people, making them "disappear," or placing vital documents under "classified," or through throwing out red herrings at us. Whistleblowers are often destroyed career-wise, or personally mocked, or injured, and even murdered. Underground and black ops are keys to cover-ups. Propagation of conspiracies is a game for them and a way for them to conflict the masses. Intentional leaks are one of their prescribed methods for conditioning us to their intent and for confusing us.

17. Environment: Using global warming as a "unifying issue," the Illuminati are not only making scads of money through corporate green programs and retail merchandise, but also deceiving people into believing that the issue is real, when in reality hundreds of scientists who are not given print can testify against it. Thus the environment is used as a weapon to employ the Elitist's objectives and to create a common mantra—a religion of its own. Added to this are sustainable development and eminent domain (taking commoners' lands for their own purposes), and controlled weather (HAARP--[High frequency Active Auroral Research Program](#) and [other weather weapons](#)), among other processes.

18. Destroying the Workforce: Damaging treaties (GATT, NAFTA, etc.) created the massive loss of jobs in our country via outsourcing and the erosion of our industries. America has been minimized as a strong nation and castrated as a super power. Jobs have been given to illegal immigrants in our country or sent overseas to India and China and other nations. Americans struggle financially as the Elitists lower us to third world status. Illegal immigration is just one of their schemes for running the world.

19. Crimes: A society frightened of being murdered, raped, beaten, held hostage, hijacked, or kidnapped, or victims of vehicular deaths, road rage, and "suicided," among other abominable offenses, is a society wailing for security, in spite of lost rights. This, then, is just one more method of cuckolding us into ceding our rights to Big Brother. The International Criminal Court (ICC) was created to imprison people of different cultures, including Americans. The protection of hard core, guilty criminals is also symptomatic of a failing country.

20. Terrorism: The Powers keep us in a state of trepidation over terrorism—real or contrived—and cause us to cede our freedoms for protection. 2001's 9/11 caused a major breakdown of the U.S. Constitution, the infringement of rights

and policies through Homeland Security, the Patriot Act, biochips, and soon-to-come Martial Law; hence, the concentration camps for those who balk against the Police State or promote dissension.

21. Slavery and Prostitution: Many people, especially younger ones, are rounded up in clandestine ways and are forced into slavery or prostitution. They may be stolen during the night, taken coming and going from school, or whisked off in parking lots. They are often earmarked by the Powers who want young maidens or lads to "entertain" visiting dignitaries or foreign VIPs who abuse the kids and sell them to slave masters, pimps, and other black market factions. Some researchers believe that these missing people have even been sacrificed in satanic rituals.

22. Genocide is a method for wiping out an entire society for depopulation purposes, for government gain, for eliminating enemies, for creating a super race by purging traits deemed negative. Genocide, then, is an effective way for the Elite to sort out which people they want and which they don't; it gets rid of the unwanted in one fell swoop. Some of their methods include random extermination (holocausts) and heinous atrocities, creating insurrections to kill off a religious or racial group, and holocausts.

23. Decision Makers: The Illuminati's power shores them up to decide who the next president or prime minister will be, who will receive grants and government funding, and anything else that affect us on a personal and national level.

24. Diseases: Bacteria and viruses can be released during either war or peace time to create a chaos and a demand for protection that would help the powers to achieve their mission of globalism; bio-warfare can be reserved for combat when the substances are unleashed on enemies. Besides using bacteria in germ warfare, they also test substances on humans, some unknowingly. The introduction of HIV, the rise of once eliminated childhood diseases, bio-chemical warfare, and the growing number of unknown bacterial and viral diseases are representative of their manipulations. They can put substances into drinking water; they've introduced cell phones knowing the dangers of cancer; and they've used microwaves and other technologies against us, as well as various forms of experimentation.

25. Computerization/Technology: The Elite have many classified means of controlling us, though some are still in the trial stages. Consider nanochips (teeny tiny robots can be placed in humans to control them), robotic reproduction (the ability of robots and computers to reproduce), and Global Technology World Alliance (GTWA) which is a secret society developing and working with advanced technology to achieve control and domination of international supremacy and economics. Bluetooth, Wii and other high-tech tools, along with laser and advanced weaponry (stun guns, particle beams) are

also tools for fully establishing the NWO. The Elite have secret labs and black ops; yet, they won't support scientists and researchers who create inventions or medications for the good of mankind.

26. UFOs: Whether truly from another planet or invented by the government, they can be used to instill paralyzing dread in us if they tell us that an invasion is real. Quickly we would give up all our rights to be protected from enemies.

27. Economy: In order for the Elite to completely take over the world, they have to capture the economic sector to create a one-world economy, as seen in the collapse of the American dollar, along with merging the U.S., Canada and America into one of the ten regions. These ten regions each will have a representative on a governing panel, with one member emerging as a dictator. Many of the other ten regions have already been set up. Elitists manipulate the stock market and all other monetary resources; they own the Federal Reserve, and control all international currencies, determining what your paycheck will be worth.

28. Feminism and Working Mothers: From the moment the Powers decided to use left-wing feminism as a way to cause resentment between men and women and their children, is the moment when the institution of marriage faltered. Two incomes gave Mom and Dad the false sense that they had money, and thus materialism also seeped into our lives at the same time. The role of males has been re-defined and belittled.

29. UN: Most damaging for American citizens is the UN which strives to undermine our country, reduce our spending power, eliminate our freedoms, lower us to third world status, make us pay for other countries' problems, and rape us of everything that once made us powerful. Doing this allows the NWO to weaken the most prevailing muscle in the world so that we have no strength to fight any of their programs.

30. Confiscation of Rights: The NWO Elitists can't fully stage their takeover until our country is disarmed, as an armed citizenry can fight back. The day they take our guns is the total end of our sovereignty and our country.

31. Secret societies serve to unite the Elitists in their demise of our nation and the installation of a global government via their networking force and underground operations, as well as control over religious, educational and corporate systems. They will never admit that these societies exist and that they are the muscle behind the authority. Symbolism is one facet of them, and they use newspapers, radio airwaves, and TV to subliminally pass messages to one another.

32. Mind Control: The government and their counterparts are most adept in brainwashing techniques using a litany of resources, such as drugs (MKUltra, LSD), projects (projects Monarch and Phoenix), propaganda (constant bombardment of untruths and omissions by the media), cults/programming (groups giving up their individuality and blindly following some unstable leader), and video games, rock music, violence and witchcraft on TV, such as Harry Potter. Even works of fine art are polluted with vulgarity and crude innuendos. Societies have agents and sleepers everywhere.

33. Media Mergers: The Illuminati own all the major media in print, television, radio, music, and theater. They create conglomerates and monopolies. Doing this gives them control over everything we watch, read, and listen to.

34. Corrupt Government: CIA drugs and arm smuggling, bought politicians, undercover dealings, disinformation, lies and distortions, blackmail, constant deceptions are all part of their bid for a one world government. Disinformation is a major means of confusing us, which they do through false media reports, chain letters, the articles they place on the internet, and the rumors they start.

35. Lack of Missile Defense: An unarmed America is akin to a fire in a theater with no exits. While other countries are building their arsenals, we're minimizing ours. Disarmament and the decline of our militia, and thus our ability to defend ourselves, certainly mean defeat even before a conflict breaks out.

36. Decline of Military: Our military lacks the self-confidence, the manpower, the equipment and the technology needed to fight opposing forces, and is compromised in morality and morale through unnecessary wars that are not intended to be won.

37. Passing of EOs: Executive Orders (EO), Presidential Directives (PD), and Presidential Decision Directives (PDDs) have become so amorphous and customary that no one cares when a new one is enacted. This is an Illuminati tactic to proceed with their personal agendas without first obtaining congressional approval; thus allowing extreme orders to be written that would prove detrimental to the general public. For example, a single EO could dissolve the entire United States.

38. Infiltration: The Illuminati use subtlety to invade churches, schools, corporations, small businesses, organizations, and everything else, and implant their ideology and philosophy of a one-world government through well honed issues, such as global warming. They have their "people" (often members of their secret societies) placed throughout these entities who make decisions beneficial to the Elitists.

39. Regional Government: One of the most effective means for the Powers to gain control and implement their global rule is through regional government where they give mandates to mayors and municipal managers via documents on how matters must be handled. Law enforcement, attorneys and judges are part of the scenario.

40. Created or Contrived Crises: Whether actual or devised, crises “seem real” to us. False or deliberate crises work to scare us and allow the Illuminists to achieve their goals, such as re-designing New Orleans to their desire, or going to Iraq for oil and the take-over of their banks for the Federal Reserve. Examples include global warming, the energy crisis, floods, hurricanes (they can control the weather), and any other disaster they desire.

In summary, the Elitists use these approaches among others to bring about their New World Order or global government. The Inner Circle and their octopus arms suck in prey smaller than they to conquer, and will resort to any method of getting what they want. They have planned long and hard, covering all their bases, and devised ingenious ways to conquer us. Be on guard.

Our hope of overcoming them lies in the schisms they create among themselves, their ongoing feuding and power fight for the top position along with empowering ourselves with knowledge of what they do. That, they can’t take away from us and we can use against them.

Where does this leave us today? *On the brink of the unknown.* The players are all in place. The chess board armies are all ready to make their move. An economic meltdown has taken hold. Rumors of all kinds of possible scenarios are expounded on all over the Internet on a daily basis. The elected politicians are all asleep at the wheel. Citizens of the world are seeing their freedoms curtailed and eliminated while their standard of living is being reduced and their wealth stolen. And the Illuminati is still holding all the “ace” cards.

One important characteristic of the Illuminati in general is that it is *satanically inspired*. And as such, it inherits the qualities of Satan. The Bible reveals that Satan is basically an insane angelic being. He continues on his path of ultimate (end-time) defeat as if he expects the outcome to be different than what is prophesied in the Bible to happen. He knows what is in store for him in the final Revelation scenario, but continues on as if he will somehow outsmart God. More information on Satan can be found here:

<http://www.askelm.com/doctrine/d070401.htm>

Chapter 3 *Now Tell Me The Bad News*

Another characteristic of the Illuminati is that it is not a totally unified group. It in fact thrives on Illuminati family rivalries, where the various families and/or organizations claw away at each other, similar to the animal kingdom. The “winner” then gets the top prize or position of the day. This is why we see so much perceived diversity within the Illuminati. Examples would be Republicans and Democrats or conservatives and liberals. They are all part of the same team, but present themselves to the public as differing types of people with different solutions to the problems of the world. Other countries would have their equivalent family based divergent political groups. Sometimes this seemingly self-defeating quality is even orchestrated and manipulated by those at the very top of the Illuminati. It appears to be part of their (insane) inherent culture and/or psychology.

It is quite conceivable that the western world, or even the entire world, could go through a *period of limited wars, famine, depopulation and economic turmoil* – before the end-times and its Golden Age period of prosperity even begins. Such cycles have happened in our recent past history. The Nazis ruled for a good dozen years. The Communists ruled for six times longer. Both institutions were designed, financed and controlled by the Illuminati.

Now the Illuminati has learned that the same type of people control can be achieved by merely letting people *think* they are living in a free society, even though it may be ruled just as oppressively as in an overt dictatorship. Could it be that we (the so-called western free nations) are to undergo a cyclical period of severe overt and/or covert oppression that the average person doesn’t even realize is taking place...before the Antichrist and the prophesied Golden Age comes on the scene? Only God knows. And only He has the power to allow it to happen...or to delay or curtail the Illuminati’s planned agenda.

While God is ultimately in control, it should also be noted that there are numerous entities also involved in the administration of the universe; and ultimately of the Illuminati. Those entities would include:

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- Satan the Devil, the ruler of earth (as ordained by God):
<http://www.askelm.com/doctrine/d950201.htm> and
<http://www.askelm.com/doctrine/d070401.htm>.
- Other angelic beings: <http://www.askelm.com/doctrine/d010201.htm>.
- The Divine Council: <http://www.thedivinecouncil.com/HeiserIVPDC.pdf>.
- The Sons of God: <http://www.askelm.com/doctrine/d071001.htm>.

Before we simply write off the Illuminati as being something beyond our individual ability to deal with, there is another issue that needs to be addressed. Does the evil world of the Illuminati, in reality, reflect our own personal failures? Can we accept that because most of our personal lives are so out of order that God has allowed this evil to exist? Are we getting what we collectively deserve because of our attitude about what is right and wrong? What about us not making the conscious choice to study history to determine what the truth really is? Are we reaping what we sow? Is this the Law of Attraction at work on humanity as a whole? Can we accept responsibility for the continued success of our evil rulers, because of the failures in our own personal lives and in our relationship with God? Are we just playing the victim, and in effect, enabling our rulers? Where are the real Christian leaders of today to educate us on these subjects? They are certainly not to be found behind the pulpits of our major churches or on our religious TV programs.

How much time does the average person spend reading the Bible? Or trying to understand it? Or even acknowledging that the Bible is indeed the only inspired word of God? How much time do we spend practicing the principles of love and charity found throughout the Bible? How many of us heed Jesus' admonition in Matthew 25:31-40? To quote from Dr. Martin's article on tithing: <http://askelm.com/tithing/thi012.htm>:

In summing up this chapter on giving monies to Christ for the spreading of the Gospel to the world (that all of us should be active in doing), I wish to give a final method by which anyone can be assured that what money or contribution is given goes directly to Christ. This is a sure way that no one who loves the New

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Testament teaching can argue with. The teaching comes from Christ himself. Christ told people this certain way to give things *directly* to Him,

"When the son of man shall come in his glory, and all the holy angels with him, then shall he sit upon the throne of his glory. And before him shall be gathered all nations: and he shall separate them one from another, as a shepherd divideth his sheep from the goats ... then shall the King say unto them on the right hand, Come, ye blessed of my father, inherit the Kingdom prepared for you from the foundation of the world: for I was an hungered, and ye gave me meat: I was thirsty and ye gave me drink: I was a stranger, and ye took me in: Naked and ye clothed me: I was in prison and ye came unto me."

- *Matthew 25:31–40*

Christ went on to say that the righteous might be puzzled over this, because none of them ever gave Christ these things personally. But Christ went on to say: If you have "done it unto one of the least of these my brethren, YE HAVE DONE IT UNTO ME" (Matthew 25:40).

There we have it! This is the assured manner to give something to Christ. If you help out the unfortunate brother in Christ, you have given something directly to Christ. "Ye have done it unto me."

On the matter of character, what kind of character do we really have? Is our word good? Do we practice what we preach? Are we honest and caring in our dealings with each other? Do we live a life that matters?

Many examples in the Bible show us God's mind can be changed. Maybe it could be changed in regard to the evil powers that God allows to rule the world if we were to collectively straighten out our own personal lives first? Even David Icke devotes several chapters to the idea that we can change things on an international level by first changing ourselves:

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<http://www.bibliotecapleyades.net/biggestsecret/biggestsecretbook/biggestsecret21.htm> and <http://www.bibliotecapleyades.net/biggestsecret/andtruthfreebook/truthfree17.htm>.

God is always in charge. He has always been in charge and always will be in charge. The Bible says He selects the rulers of the world (either directly or by proxy through the Illuminati). Whatever does happen over the next few decades, whether it is good or evil, will be by His authority. God is the creator and sustainer of all things...both good and evil.

On a more personal level, God is the provider of our daily sustenance. He is the one that provides the air we breathe, the food we eat and the clothes we wear. And it is to Him we should be looking for our daily life's needs. No matter how bad the situation may become, God will always provide for those who trust in Him.



Read Dr. Martin's article on personal end-time safety that is also applicable for us today, even though we are not specifically in the end-times:

<http://www.askelm.com/prophecy/p991123.htm>



It is that dependency on God that helps us to build the character that sustains us through this life. While there is seemingly bad news at every turn, there is hope for a much better tomorrow...by effectively praying to, trusting in and obeying God.

Chapter 4

Are They Ours...Or Theirs? The UFO Enigma Continues

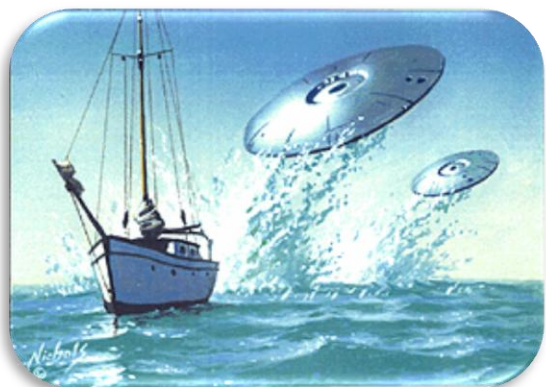
The subject of Unidentified Flying Objects (or UFOs, as they are more commonly referred to as) continues to fascinate at least half of the population. The other half isn't so sure, with many being absolutely petrified at the very thought of their existence. That group often draws on their religious belief, fed to them by their religious leaders, that anything that cannot be easily explained is obviously demonic in nature.

The news media continues to ignore the UFO subject. When a UFO news item does occasionally make it into the news, it is treated as an anomaly that is not to be taken seriously. The perfect example of this is the 2006 O'Hare International Airport UFO sighting of a craft hovering over the airport for an extended amount of time:

http://en.wikipedia.org/wiki/Chicago_O'Hare_UFO_sighting_2006. Despite the credible testimony by many qualified airport employees and civilian observers, the incident was mainly downplayed in the press.

Ironically, many of the “educational” TV networks have been airing an ongoing string of UFO documentaries since the mid 1990's. Most of these documentaries are actually quite well done. One that I saw even covered the subject of Unidentified Submerged Objects, where typical UFO's actually fly into the water – or fly out of it:

http://en.wikipedia.org/wiki/Unidentified_submerged_object



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Many UFO sightings are the result of natural anomalies that can scientifically be explained. The ones that can't be scientifically explained are the ones we want to discuss here.



Basically, there are three types of UFOs. The first and most popular are those that are termed *extraterrestrial* ... and are manned by “aliens.” Just recently, Apollo 14 astronaut, Dr. Edgar Mitchell, admitted publicly that the subject of extraterrestrial aliens is being covered up by the government:

<http://dsc.discovery.com/space/ga/alien-ufo-edgar-mitchell.html>

However, I have elected not to pursue this type of UFO discussion in this book for several reasons. First, it is very complicated, intensive and time consuming. Second, the very thought of there being life on other planets is a major problem for many people. And last but not least, it doesn't make any difference whether one believes they exist or not. If one is interested in the subject of extraterrestrial aliens, the Internet has plenty of websites to pursue the subject. Some of the better websites on the subject of UFOs *in general* are listed on the ASSOCIATES ONLINE website:

<http://ernestlmartin.com/index7.htm#science>

A Google search will bring you many more.

The second type of UFO is what I term *biological UFOs*:

<http://en.wikipedia.org/wiki/User:Cyberguru/etzh>. The first and oldest of this type was made famous quite some time ago by Trevor James Constable. He describes them as “amoebas:”

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http://www.disclose.tv/action/viewvideo/4065/Trevor_James_Constable_Infrared_UFO_s. These seemingly intelligent beings can be photographed using special infrared camera techniques and are found all around the world.

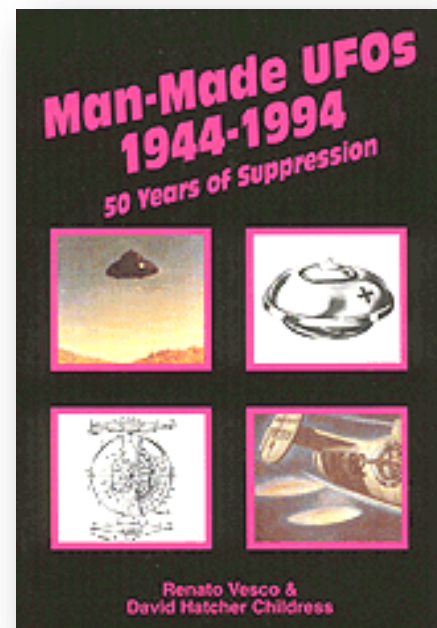
The next type of biological UFO is referred to as “rods,” made famous by Jose Escamilla: <http://www.roswellrods.com/pre.html>. Rods are found all over the world too, but tend to congregate in certain types of geographic areas. They require special high speed cameras to photograph them.

The third type of biological UFOs are referred to as “orbs.” Orbs are even more controversial than the two previous biological UFOs and are frequently found in (and may even be responsible for) crop circles:

<http://www.rense.com/general17/talbot.htm>. They also too seem to be intelligent entities and can be photographed with digital cameras only. Many contend, however, that they are strictly physical anomalies that can be scientifically explained.

As incredible as all of these UFO subjects are, I find the next subject to be the most fascinating...and significant to us today. That is the subject of man-made or *terrestrial UFO's*. Also referred to as “flying saucers” or “disks,” their history is being revealed more and more as time progresses.

Those who are trained to evaluate UFO sightings know that the most intriguing question about any UFO sighting is, “Is it ours (meaning the U.S.)...or theirs?” “Theirs” could mean extraterrestrial (of alien origin)...or it could also mean, “does it belong to another country?”



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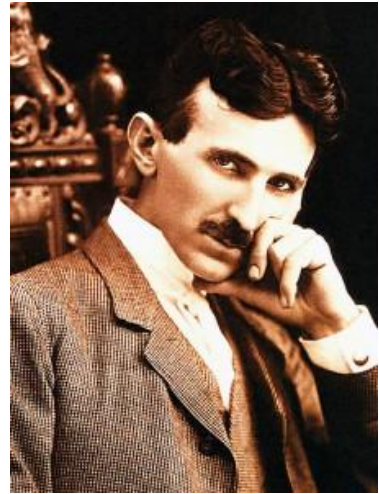
The subject of antigravity technology has fascinated mankind for many centuries. There is even some evidence that some ancient societies may have had this knowledge:

<http://www.keelynet.com/gravity/manflight.htm>

The subject of antigravity lift is also pursued by many who are not necessarily “into” UFOs: <http://www.americanantigravity.com/index.shtml>

Since the late 1920's, there exists an abundance of evidence that at least one great American scientist, Nikola Tesla was able to harness “free energy,” transfer energy without wires, and conducted amazing experiments that have all been erased from our science textbooks. These types of scientific discoveries were the precursor for the free-energy power drives necessary for most antigravity lift:

http://en.wikipedia.org/wiki/Nikola_Tesla



What isn't widely known, even by many UFO researchers, is that the Germans were vastly ahead of the rest of the world in developing antigravity disk technology as early as the 1920's. Check out *German Discs* at: <http://ernestlmartin.com/index7.htm#science>.



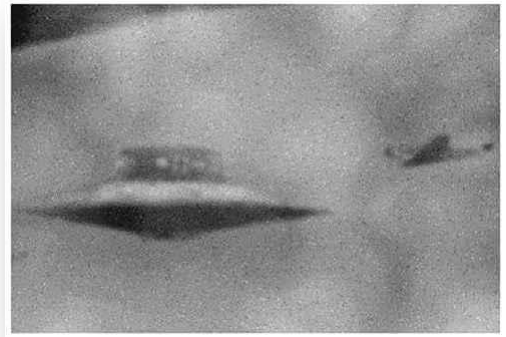
Interestingly, this antigravity technology came from various sources. Like the United States, the Germans had their own “Roswell incident” in 1936. It seems that they attempted to back-engineer the crashed alien craft. Since Germans have always been known for their outstanding engineering skills, it can

be assumed that they made good scientific use of this wreckage.

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But, interestingly enough, not all disk technology was the result of this back-engineering. Apparently, some of the earlier antigravity research was the result of the “Vril,” a small group of German women mediums who *channeled* this technology. One of the alleged mediums and an alleged German Vril disc are pictured on the previous page.

Funded by a rich upper class German secret society that was into esoteric philosophy and technology (the Thule Society), they allegedly had working disk craft as early as 1922. There are many websites that discuss this extraordinary phenomena and display what are claimed to be actual pictures of these craft on the ground and in the air (some reproduced here). As time moved on, and as the Nazi’s centralized their political and economic power, these groups (and mediums) were brought under the direct control of the Third Reich through the SS Technical Branch.



The first question most people ask when this type of information is presented is, “If the Germans had this level of sophisticated antigravity technology, why did they lose the war?” And indeed, this is a valid question.

Many books and documentaries have been written about German secret weapons over the years.

Clearly, the Germans were ahead of their time in many different areas. But in none of

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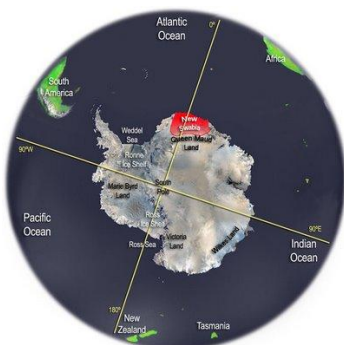
these exposés has there ever been a hint of antigravity disc development. It was always about advanced rockets, planes, jets and some advanced weaponry. So why didn't they use these disks if they had them? Were they just not ready yet? Or was there yet another, more esoteric reason?

One reason may be that Hitler, with a war plan that was clearly insane and against the advice of all of his top generals (who were not privy to all of these technologies), continued on because he felt that he always had these “aces” of high technology up his sleeve, should they be necessary to use as a last resort. However, few of these disks were ever configured with armaments.

Another more realistic theory is that it was *never really intended* (by either Hitler or the Illuminati powers behind the Third Reich) that the war be won by Germany...and that the important remnants of the Third Reich would simply *relocate elsewhere* before the war ended. There is some evidence that this may well have happened.



The poster above allegedly resulted in the recruitment of over ten thousand tall, thin, blue eyed, Nordic-looking blondes: <http://german-discs.net/claims/haven.php>. They were known as the “Antarctic Settlement Women.” Dressed in their very distinctive



uniforms (which had no resemblance to any other German Army, Navy, Luftwaffe or SS uniforms), they were witnessed by many as they were transported around Germany. They have all seemingly disappeared since the war's end. So did most of the German disks and many of the very high tech German U-boats, which technologically

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rival some of our best atomic subs of today.

So where did they all go? Admiral Byrd's 1947 "Operation Highjump" expedition to the Antarctic suggests he may have met more than penguins there:

<http://www.rense.com/general35/op.htm>. Based on Byrd's interviews in South America, before returning to Washington, one might conclude that the Third Reich remnants were still alive in "New Berlin," located below ground, near a tropical paradise in an otherwise, frigid, uninhabitable Antarctic. Further evidence is presented in this 2006 Russian video documentary:

<http://video.google.com/videoplay?docid=-6541755440775382831&q=secrets+of+the+third+reich#>

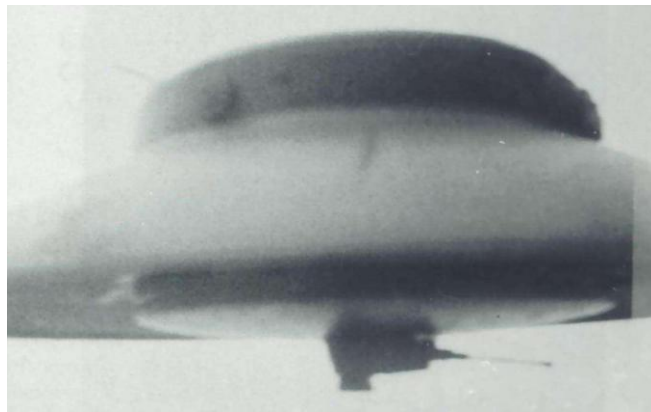


Why should we even dwell on such a highly speculative subject? Certainly not to glorify the evil Third Reich and the horrors of their actions. And certainly not to condone or encourage the use of mediums, which the Bible clearly condemns. The reason we should expose and understand this amazing technological history is because:

- a. Antigravity and free-energy technology could revolutionize the world in many different ways, solving many of the world's major problems.

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- b. By understanding this history of technological suppression and cover-up, we can understand the degree to which the Illuminati has kept mankind suppressed, enslaved and in the dark throughout the ages.
- c. We can better understand how God allows the “good” and the “evil” of life to coexist at the same time.
- d. We can also have a better understanding of how life may be in the “end-times”...under a utopian, one-world Antichrist government.

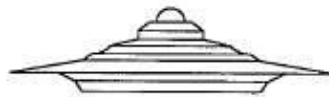


When we understand what has happened in the past, we can have a better grasp on what is happening today. If antigravity and free-energy technology was feasible in the 1920's, what can we then extrapolate is happening behind closed doors (and hangers) today, with our highly advanced, computerized scientific technology? Again, the only real question about most UFOs is, *are they our ...or theirs?*





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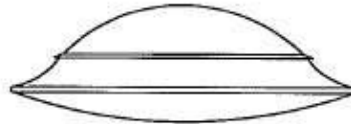
RFZ-3



HAUNEBU I



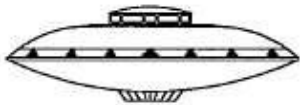
HAUNEBU III



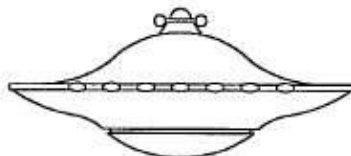
SCHIEVSTOOK III



THULE MACHINE



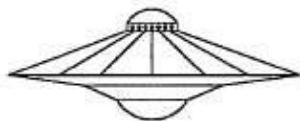
NAZI DREADNAUT



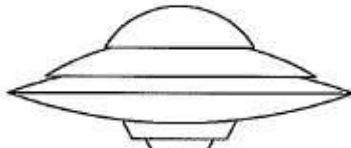
HAUNEBU II



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STAUVANHAUT IV



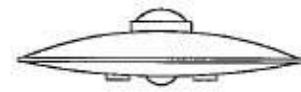
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VRIL IV



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VRIL I

Chapter 5

Can We Live A Happy, Successful Life In This Lifetime?

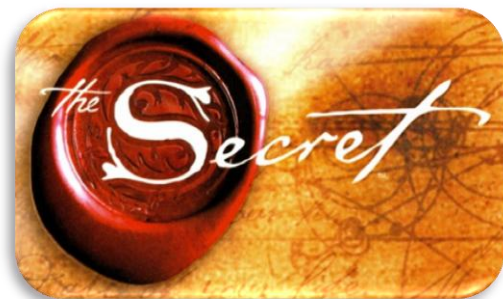
If you have made it this far in the book, the question of, “Can we have a happy, successful life in this lifetime?”, is bound to have crossed one’s mind. With the negative forces of evil seemingly at every turn, how can we and our children have a happy and successful life in this age? Clearly, the Bible states that we can...and that we should.

Some Christian churches seem to promote a philosophy of expected suffering, always being poor, and of constant satanic persecution. While some few churches do promote prosperity, they do not seem to have a biblical balance in their message.

This is not what is generally promoted in the Bible. Jesus said that he came that we may have an abundant life. We do not become more righteous because of any self imposed or self attracted suffering. We are to be an example to the world.

Over the last several decades some philosophers have come along espousing many ideals of how to achieve success in life. Many of these ideals would appear to be biblically based. Many are based on “universal laws,” like the Law of Gravity. It may be rightly argued that the word “law” may not be the appropriate terminology to use, but that should *not* discount the concept being presented here.

The *Law of Attraction* is one such law that was recently made popular by the hit Internet movie, *The Secret*. This movie has done more to inspire people to achieve



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greatness in their lives and overcome personal problems than any other movie in history, including most biblically based movies. It has also completely divided the Christian community. Many feel that its message is a threat to their Christian beliefs. The movie can be viewed online or purchased at: <http://www.theseecret.tv>. One can also view the first twenty minutes of it online for free here:

<http://www.youtube.com/watch?v=b1GKGWJbE8>

Please note that there are two versions of The Secret movie. The first version featured the works of Abraham-Hicks. That portion of the movie was omitted in the final version that most will either view online or purchase. The work of Abraham-Hicks is generally not accepted by Christians because of its basis on channeling, a practice clearly condemned in the Bible.

Besides the Law of Attraction, there are many other laws. These can be viewed at: <http://ernestlmartin.com/youngadults.htm#law>. Universal in nature, most of these laws can be found *in principle* in the Bible. One needs to be mindful that all laws (or principles), even those of a universal nature, *ultimately emanate from God* and that He is the one we should be ultimately looking to for overall guidance...and giving thanks to for all of our blessings.

When reading the many books and articles on success and the Law of Attraction (by many different authors), just substitute the name “God” for “universe” when reference is made to “asking” or for giving “thanks.”

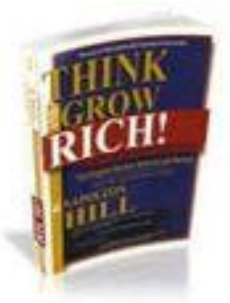
Can we achieve success in the face of worldwide sociological adversity? Yes, because the various laws of success continue to work no matter what is going on in the world around us. Even in an economic downturn or turmoil.

Some might ask, “Why should I strive for more than I have? Isn’t that being greedy?” The answer is no. We should always strive to achieve the most that we are capable of achieving in this lifetime. And one very good reason is that if we do become successful,

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we suddenly acquire the time and resources to help other people, as Christ directed us to do. *That is true success...*when we can readily help others less fortunate, heal the sick and help spread the gospel to the world.

One book that will provide some help in attracting abundance is *Think and Grow Rich*. This book is the ultimate resource that all motivation gurus base their message on. You can read the book for free here: <http://mlmblog.typepad.com/ThinkandGrowRich.pdf>. Please note that we do not endorse all aspects of this book. But Napoleon Hill's lifetime of research on successful people is very sound. This latest original version is also highly recommended:



<http://www.amazon.com/Think-Grow-Rich-Original-Restored/dp/1593302002>

There is also a wealth of information on the various tools for success. One of the more notable and respectable people in that field is Bob Proctor. Mr. Proctor has accumulated a wealth of information from his lifetime study of success. More information on him can be found here: <http://ernestlmartin.com/indexold.htm#BobProctor>. More information on success in general can be found here:

<http://ernestlmartin.com/index7.htm#self-improvement>

For those Christians who understand their ultimate destination, the question of what our daily lives should consist of is a subject we tend to downplay, ignore or live in denial about. Are we to immerse ourselves in endless Bible studies, online biblical forum discussions, church and/or group gatherings and activities? Just what should the daily lives of today's Christians consist of?

There is no other period in history where the flow of information has been so fast, easy and inexpensive. Yet, what I observe in most Christians is a total disregard for these wonderful gifts of knowledge on how to live happy, successful and healthy lives. While the Bible does give many important guidelines and advice on these topics, much more

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has been discovered over the last few decades. Most of it is ignored by Christians...because they cannot (or don't want to) find it in the Bible.

It has been my observation that as a whole, Christians are not any better off than most non-Christians. Not financially, not emotionally, not physically and not health-wise. Often, not even spiritually. Yet, we expect the rest of the world to listen to the Christian message? Just how should our daily twenty four hour period of life be broken up? My suggestion for a *daily routine*, aside from our occupational work and time spent eating and sleeping, is as follows:

- a. Prayer (not [meditation](#)) and scriptural study (but realizing that all the studying in the world is not a ticket into the Kingdom of God).
- b. Physical workout and/or exercise of some type. Actually, all you need is a good 30 minute walk and a 7 minute workout every other day:
<http://7minuteworkout.com>
- c. Spending quality time with one's family.
- d. Daily scanning of various [independent internet news](#) sources on matters of [health](#), [science](#), international and national news for at least fifteen minutes per day.
- e. Studying [self-improvement](#) courses, books, websites and videos coupled with EFT exercises.
- f. Helping others, either individually or collectively, in response to [Matthew 25](#).
- g. Provide Christian [leadership](#) where appropriate. Not only do we need to practice the "Golden Rule," but also the "[Diamond Rule](#)."
- h. [Fellowshipping](#) with others, Christian and non-Christian alike. This would include reaching out to friends, relatives and the world in general. [Facebook](#) is an excellent tool for accomplishing this task, as it provides an easy way to stay connected and to show people you care by "Liking" various posts that they

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make, by commenting on them, or by sharing appropriate posts that you might make yourself. There are also four ASK-related pages on Facebook that need to be supported (by clicking on "Like").

- i. Preaching or teaching the Gospel of the [Kingdom of God](#). This can be easily accomplished through referring people to the [ASK](#) website.
- j. Enjoying the better things in life. This would include the arts, good books, movies, vacations, traveling, live entertainment, good music and dancing.

Adhering to the above routine will give us all a more balanced, happy life and will make people take a second look at us...or more importantly, at our biblical message. The Bible says to let our light shine (*Matthew 5:14-16*). Let's start by turning it on. *And become happy and successful in this lifetime!*



Chapter 6

Can We Have Good Health In This Lifetime?

Amazingly, the United States leads the way in excessive health care costs. And at the same time it trails the rest of the world in good health. The leading cause of death in the U.S. is not cancer or heart disease...it is medical errors and prescription drugs. How can this be?

There are two basic reasons why we are not healthy. First, the healing modality that is promoted by the U.S. and most of the western world is what we call “allopathic medicine.” This is the practice of healing by “drugs.” It has actually been around since biblical times, as it is both mentioned and *condemned* in the Bible:

http://godshealingword.org/Prescription_Drug_Addiction_Pharmacy.html

Drugs have never healed anyone. At best they help stabilize a situation (and in an emergency situation, this can be a good thing). At worst, they create many new and very dangerous health problems. The number of people who die and have severe reactions to FDA approved drugs is astronomical. One in nine people sitting in hospital emergency rooms are having complications caused by their doctor prescribed drugs.

Drugs also help create another very serious problem. They turn your body acidic, which is the *major health problem of our day*. And that is second reason we have poor health. *Acidity is the one common factor in all diseases and debilitating conditions*. It is also one of the easiest to test for...and to correct. Yet, no one is doing it. The whole subject of *pH balance is probably one of the most significant health discoveries of our time*.

Most allopathic doctors will not even discuss the issue. After all, it is not taught in medical school and they have very little accurate information on it. And, as if that isn't

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bad enough, most *holistic* health practitioners are equally ignorant of this vital key to good health. But the fact is all diseases and medical conditions are a result of acidosis, a lack of proper pH balance.



To test your saliva acidity or alkalinity, one only needs to purchase an inexpensive pH test kit. Amazingly, most drug stores do not stock it, but it can be easily purchased online for under \$10. Following the simple instructions of testing yourself periodically throughout the day in a prescribed manner and averaging out the results over a three day test period, one can get a pretty good idea of how alkaline your body really is:



It should be noted that you really cannot be “too alkaline.” It should also be understood that this is not just some new health fad that has no basis in fact. There is a wealth of evidence to back this up. Dr. Robert O. Young’s health clinic addresses most health issues...by simply changing the pH (potential Hydrogen) of your body. Amazingly, once one starts to change one’s pH, many health problems start to disappear: <http://www.phmiracleliving.com>. Many of Dr. Young’s blogs can be found here: <http://www.articlesofhealth.blogspot.com>. Use his search engine for specific issues.

Almost all diseases and negative health conditions can be improved by simply turning the body alkaline. Eating the right kind of prescribed foods and drinking the right kind of alkaline water will usually help turn the body around. People with all kinds of



debilitating conditions and diseases have had tremendous success with this simple process.

Kim Tinkham (pictured left) claims to have cured herself of stage three breast cancer by simply changing her diet to an alkaline one. Her case was so spectacular that she was invited to be a guest on the Oprah show.

So how did we get into this overly acidic balance in our bodies? Besides the already mentioned overuse of drugs, we are all eating the *wrong foods*. Wrong foods means both the wrong selection of *natural organic foods* and the usage of *processed foods*. Processed foods not only do not contain the nutrition we need, but they contain many added harmful and acidic ingredients. Smoking and drinking also contributes to acidity. Even the water we drink is acidic and needs to be alkalized before consumption.

In addition to the acidity problem, we have the issue of Oxygen Reduction Potential or ORP. Just as important as the pH factor, ORP measures potential oxidation, or how fast the molecules will oxidize in our cells and accelerate aging (similar to how fast a piece of metal would rust if put into water). Ideally, we want a high alkaline pH and a low ORP in most (but not necessarily all) foods and beverages. Ironically, many of the expensive bottled mineral waters have the worst ORP readings. ORP readings can be measured with an inexpensive meter designed for that purpose (another model is available for measuring pH, too). A high positive reading indicates a high oxidation potential (and potential damage to our cells), and a negative reading indicates that oxidation is at a minimum.



The next subject is also of extreme importance. And that is the discovery of EFT (Emotional Freedom Technique). This healing technique is probably the most important

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emotional health discovery of our day. EFT can facilitate all emotional and most physical problems. It was originated by Gary Craig by modifying previous energy healing techniques. Of all of the energy healing modalities to date, this is by far the easiest and most effective. You can download the EFT manuals on numerous websites, including our own: <http://ernestlmartin.com/index4.htm>.



Make use of the various EFT search engines on the EFT sites to look up the success stories of just about every type of problem imaginable. Videos and additional material are available there, too.

The technique consists of simply tapping on various meridian points on the body...while repeating a prescribed statement applicable to the emotional or physical problem at hand. A

typical statement would be something like, "Even though I have this...(name your problem), I truly love and accept myself." Usually, after a few rounds of tapping, the problem starts to dissipate...or vanish completely. Sometimes other phrases need to be used. The best results are usually obtained when one uses a qualified EFT therapist to help one get to the core issues at hand. A good counselor will ask you to rate your issue on a scale from 1-10, first. Then, after a few rounds, you will be asked to rate it again. Usually, the results are a continuing lower score.

So what is really going here? For starters, by tapping on the prescribed meridian points, an electrical charge is being generated and sent through the body. But to where? No one is positively sure, but I have my own theory on it. The signal is quite possibly going to our mind...or our spirit.

This theory involves who we really are. While we all have physical bodies, that is not who we really are. Even the Bible indicates that when we are resurrected, our thoughts

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and character will also be resurrected. They are stored in our mind (or spirit). The mind is really who we are. But where exactly is the mind?

Most people think of the brain when you ask them where the mind is located. Even the Bible makes reference to the head as the location of the mind. Interestingly enough, however, the Bible also mentions the heart as being the location of the mind. But elsewhere, it mentions both the head and the heart in the *same passage*. So where is it, really?



A recent discovery by one scientist indicates that our memories are not stored in the brain:

<http://en.epochtimes.com/n2/science-technology/sheldrake-morphogenic-field-memory-lashley-collective-unconscious-3486.html>

I believe it is stored in or connected to *all of the cells (or the water that composes the cells) of our bodies*. That is why someone can have a pain in their hip, do EFT on a seemingly unrelated emotional problem, and have the hip pain go away. That is where the emotional trauma was being stored by the mind. And that is why EFT works so well on physical problems. Because the physical problem area is in fact where the mind has been storing an emotional problem. We are very emotional beings and actually make most of our decisions in life based on emotions, rather than intellectual fact. Emotions run our life. Fortunately, with EFT, we can directly address our emotions and get an immediate healing of those problems.

Dr. Martin writes, in speaking about the body of Christ during the crucifixion:

Even with us, when anyone has **“a spirit of fear”** (2 Timothy 1:7), the palms of the hands may become sweaty while the mouth can become dry. This

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relationship between the body's water and the emotions (the central spiritual aspects that motivate mankind) was recognized in biblical times. Clearly, the apostle John was not talking about waters in the urinary tract that humans excrete as a normal body function. He was referring to waters of the body linked with the emotions and with life itself, the spiritual side of man:

<http://www.askelm.com/essentials/ess018a.htm>

Oddly enough, there is a peculiarity people have about healing. This applies to people being treated by EFT, natural holistic means or even by allopathic drugs. And that is that many people *really don't want to be healed*. They may say they want to be healed, but subconsciously they really don't. Again, an emotional issue might be preventing them from obtaining a true healing...and living life to its fullest.

Try asking someone who has a physical or emotional problem, "Do you want to be healed?" Some will hesitate when answering this question, but ultimately say "yes." But then ask them, "When do you want to be healed?" This really throws people. Ask them, "Next year, next month, next week...or right now?" Most people can't answer this simple question. Their emotions (or other issues) are in the way.



Another peculiarity with EFT healings is that many who are healed with EFT refuse to acknowledge that it was EFT that actually healed them. They walked into the practitioner's office with a problem and have a successful EFT session. Then they walk out the office healed of their affliction. But in their mind, EFT had nothing to do

with it. The concept simply falls outside of their paradigm of understanding, because they can't explain it or understand how it works. They refuse to acknowledge the miracle of their own healing.

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The same principle applies to how we take care of ourselves. If you give most people a chart of acid/alkaline foods and explain to them that they need to concentrate on alkaline foods, they will say they will do it...but then they don't. Again, it's an emotional/education disconnect. A sample alkaline diet food chart can be found here on our Health page: <http://ernestlmartin.com/index4.htm#health>.

So what other health issues do we need to be aware of to achieve good health in this lifetime? High on the list is the avoidance of all vaccinations. The evils of this barbaric practice are well documented on many websites. Many of them can be found here:

<http://ernestlmartin.com/index10.htm#swineflu>

Many do not realize that in most states and in many countries parents have a right to refuse them for their children. There is even a \$75,000 reward for any physician who would be brave enough to take a weight proportionate dosage of childhood vaccinations themselves. No physician has ever taken up the challenge:

<http://www.vaclib.org/links/jockslinks.htm#press>

As the saying goes, you are what you eat. And that is certainly true. Raw, organic foods are the best for you. There are many local sources for these foods, if you seek them out.

In the U.S., we tend to eat way too much, especially when we go out to a restaurant to eat. The portions served are almost always enough for two meals. Make good use of the "doggie bags." Snacking between meals is OK, as long as it is good, fresh, nutritious food. Don't feel you have to finish everything on your plate. If the food we are eating is nutritious, then the amount food that we need of it is less than what we may have been eating in the past. As the old saying goes, *less is more*.

Foods to avoid are non-organic, any that have been sprayed with pesticides, and any that are genetically modified. Meats should be minimized (or eliminated), but cattle and poultry that are antibiotic free and grass fed are the best. Fish that are from natural, non-polluted sources (no antibiotic-fed fish farms) are preferable (though few restaurants actually serve this). Fish, too, are acidic. Avoid all products that are

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pasteurized. Most grocery store juices are worthless. All “energy drinks” contain ingredients that need to be avoided (including all of the so-called “healthy” ones).

Avoid all sugar, sodas, coffee and most teas, except herbal teas. Table salt is undesirable, but natural unprocessed sea or Himalayan salt is good for you. Alcohol should be minimized because of its acidity and cellular damage. Most of these recommendations can be found in any good health book and on many Internet websites. Many are listed here: <http://ernestlmartin.com/index4.htm#health>.



Cancer continues to be the scourge of the 21st century. What your oncologist will fail to tell you is that there are allegedly 350 cures for cancer. As was mentioned previously, pH is one of the most basic issues that is recommended. Some other significant sources would include the use of MMS or injections of sodium bicarbonate injections. Again, information on these and many other treatments can be found in the cancer section at:

<http://ernestlmartin.com/index9.htm>

Surgery, chemotherapy and radiation are treatments of last resort, yet they are always presented as the only *legitimate* treatments by allopathic doctors (because they are the only treatments that insurance companies will pay for). The money involved in these treatments has created a major multi-billion dollar “cancer industry.” The so-called “cancer research institutes,” who pretend to be searching for a “cancer cure,” are another multi-billion dollar industry. Likewise, with all heart related diseases and many other diseases (too numerous to list), all with their particular foundations to find the “cure.”

Moderate exercise should not be overlooked either. Strenuous exercises are not good for everyone and not even necessary. You just need to get some oxygen pumping through your body once a day (take a 30 minute walk) and keep your muscles toned and

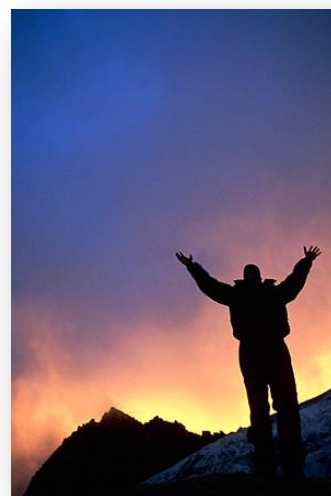
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flexed. And a little sweat to eliminate the acids from your body. A seven minute exercise program every other day is all anyone needs: <http://7minuteworkout.com>.

The most important vitamin that we are all lacking in is vitamin D. Vitamin D is free and you get it by simply being in the sun. The allopathic medicine people would have you believe the sun's rays are evil and should be avoided at all costs, when actually the exact opposite is true. If you are getting a proper dosage of Omega 3 and 6, you may not have to be concerned as much about melanoma: <http://www.livestrong.com/article/459256-does-omega-6-prevent-melanoma>. Just use some common sense and also avoid all sunscreens, except for the few truly natural ones. The rest are a deadly cocktail of chemicals that get baked into your body to help create a breeding ground for skin cancer.

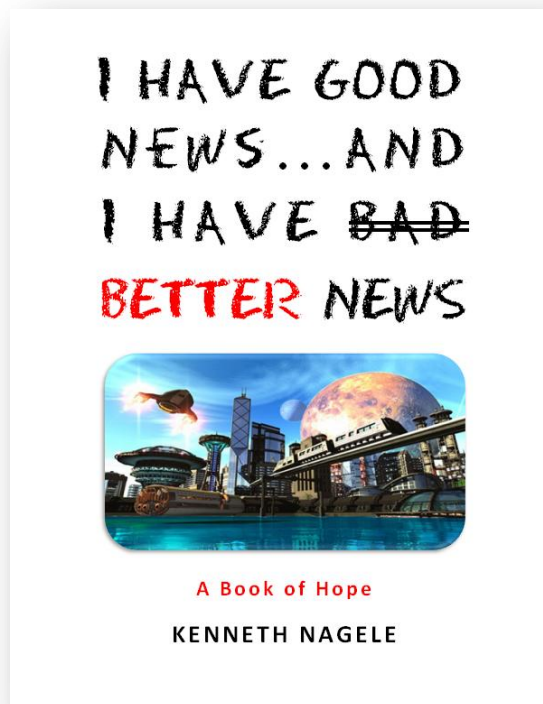
As the Illuminati continues to curtail our choices for good health, it would appear that God has graced us with some incredible health products that can help us to achieve superior health. Most of us take some form of vitamins. We all know that the soil has been depleted and that our food, no matter how well we eat, does not have sufficient nutrients in it to properly sustain us (especially if it is not organic). Therefore, our bodies need to be significantly supplemented. A list of recommended vitamins and supplements is located here: <http://ernestlmartin.com/index4.htm#healthy>

We can only give praise and thanks to God for both providing these supplements in these times of health challenges...and for providing the health knowledge that can change our lives for the better. Yes, *we can have good health in this lifetime*...if our attitude is to look to God (and His creation) for our sustenance and guidance.



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