

# Supplement Facts

Serving Size—1 Packet

Amount per Packet	% Daily Value	Amount per Packet	% Daily Value
Total Calories	20	Marine Lipid Concentrate	
Calories From Fat	20	EPA	
Total Fat	2 g 3%	DHA	
Saturated Fat	0.5 g 2%	Krill Oil	
Trans Fat	0 g	Other Omega-3 Fatty Acids	
Cholesterol	0 mg 0%	Polyphenol and Flavonoid Blend	
Vitamin A (as Vitamin A Palmitate)		Catechins (from <i>Camellia sinensis</i> Leaf Extract (20:1))	
Vitamin C (as Calcium Ascorbate)		Citrus Bioflavonoids (from Citrus Fruits)	
Vitamin D <sub>3</sub> (as Cholecalciferol)		Quercetin	
Vitamin E (as D-Alpha Tocopherol, Tocotrienols)		Grape Seed Extract (min. 95% Polyphenols)	
Vitamin K (as Phytonadione)		Resveratrol (as trans-resveratrol)	
Thiamin (as Thiamine Mononitrate)		Tocopherol Blend (other than alpha-tocopherol)	
Riboflavin (as Riboflavin)		Gamma-Tocopherol	
Niacin (as Niacinamide)		Beta- and Delta-Tocopherols	
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)		Alpha-Lipoic Acid	
Folate (as Folic Acid)		D-Limonene	
Vitamin B <sub>12</sub> (as Cyanocobalamin)		N-Acetyl-L-Cysteine	
Biotin (as Biotin)		Carotenoid Blend	
Pantothenic Acid (as D-Calcium Pantothenate)		Beta-Carotene (from Palm Fruit and <i>Blakslea trispora</i> Extract)	
Calcium (as Calcium Malate, Tricalcium Phosphate, Calcium Ascorbate)		Lycopene (as Lycopene)	
Phosphorus (as Tricalcium Phosphate)		Alpha-Carotene (from Palm Fruit Extract)	
Iodine (as Potassium Iodide)		Lutein (as Lutein Ester from Marigold Flower Extract)	
Magnesium (as Magnesium Amino Acid Chelate)		Zeaxanthin	
Zinc (as Zinc Amino Acid Chelate)		Astaxanthin (from <i>Haematococcus pluvialis</i> Extract)	
Selenium (as L-Selenomethionine, Sodium Selenite)		Inositol (as Inositol)	
Copper (as Copper Amino Acid Chelate)		Silicon (as Sodium Metasilicate)	
Manganese (as Manganese Amino Acid Chelate)		NanoCoQ <sub>10</sub> (Ubiquinone)	
Chromium (as Chromium Amino Acid Chelate)		Boron (as Boron Citrate)	
Molybdenum (as Molybdenum Amino Acid Chelate)		Vanadium (as Vanadyl Sulfate)	

\*Daily Value not established.

**Other Ingredients:** Gelatin, Microcrystalline Cellulose, Cyclodextrin, Magnesium Stearate, Beeswax, Lecithin, Silicon Dioxide, Vanillin.

**Recommended adult use:** Two twin sachet packets daily. Take the contents of one (1) lifepak® nano twin sachet (5 capsules and 2 softgels) with eight (8) ounces of liquid with your morning and evening meals.

**Warning:** Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

**Guarantee:** No added sugar, salt, wheat, yeast, dairy products, preservatives, or artificial colors. Lifepak nano is not manufactured with gluten ingredients.

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