The Grove Body Part Chart, shows 12 body parts...
Each body part has 2 elements that live together in balance, as opposites...
One element cleanses or detoxifies, one element feeds & repairs...
The Minus element cleanses or subtracts, the Plus element feeds or adds...
Elements are from the Periodic Table of Elements, which represent the building blocks of things in the real world...Each element represents a family of things in the real world that act in similar fashion, & even show up in diagnostics as similar,
triggering the same biochemical markers...

What are things in the real world that are represented by these elements?
Let’s try to make a list of things represented by these elements...

Minus elements:

Zinc family:

Apple cider vinegar (& capsules), Vitamin C (& Intravenous), Vitamin D3 (& Sunshine, & Heat), Infrared light & Sauna, Fruit diet, Citrus fruits, Camu Camu powder, Galangal herb, Juicing diets like Gerson therapy tend to be high in zinc family...

Manganese family:

Bloodroot & Bloodroot Capsules & Two feathers healing formula are high in manganese, Black walnut hull, Nuts & seeds like pumpkin seeds, flaxseeds, Tarragon herb, Tourmeline stones, Stressful situations can raise manganese...
Titanium family:

Hulled hemp seeds, Mint, Basil, Holy Basil, Cannabis oil & marijuana products, pine needle tea, Tea tree oil, oregano, chamomile, comfrey cream, white willow bark extract, red yeast rice, antihistamines, aspirin, drugs that lower cholesterol...

Potassium family:

Hawthorn berry extract, Kalanchoe, Graviola, stevia, Xylitol, Beta blocker drugs that lower blood pressure, potassium foods like bananas & coconut water, artificial sweeteners have very high potassium amounts (which lower blood pressure - which can be dangerous in high quantity)...

Carbon family:

All Oils (olive oil, grapeseed oil, apricot seed oil, canola oil), baking soda (sodium bicarbonate), senna tea, laxative teas, slippery elm, marshmallow herb...

Selenium family (crosses over with Sulphur family):

Raw garlic, cayenne pepper & all hot spicy peppers & sauces like Sriracha sauce, onions, chives, Colloidal silver, quinine, antibiotics, insulin, Pancreatic enzymes, silver gel, silver the metal, things that lower blood sugar, Insulin...

Oxygen family:

Gumby Gumby (apricot family), B17, Laetrile, Apricot seeds, Eucalyptus oil, Alpha Lipoic acid, modified citrus pectin, peel pith seeds of citrus fruit, Papaya
seeds, cherry pits (the word cyanidins implies Oxygen), fresh air walks, Oxygen therapy hyperbaric, Ozone nebulizer, deep breathing techniques (Chinese medicine), berries, Goji berries (excellent), sundried tomatoes, Raw Saffron, Milk thistle...

Iodine family:

Seaweed salads, Kelp, Iodoral pills (12.5 mg or 50 mg pills), Saltwater swimming pools, Lugol’s iodine, Transparent or clear iodine for topical use, Sea vegetables (dried section of Whole foods market-Arame for example), tamoxifen, chemo taxotere, aromatase inhibitors, femara, anastrozole-these are all iodine drugs...

Copper family (NOT to be confused with Ceruloplasmin, which is a Copper BINDER-see the Phosphorus family-many sources refer to ceruloplasmin as copper
because they have dropped the word “binder”...Be aware of this mistake!
Copper family include your Coffee enemas, Coffee, Caffeines, Mimosa Pudica herb (found in antiparasitic supplements), Cilantro, Coriander seeds, Chromium, St John’s wort, many antidepressant drugs work by raising dopamine which is a copper family, Tea, Matcha tea, Plant caffeines like Yerba Mate, the drug called Ibrance/Perjeta, green tea...

Magnesium family:

Epsom Salt baths, Magnesium oil, Exercise boosts magnesium, glutathione products, lavender, cheaper instant coffee is higher in magnesium (than the more expensive brands which have more copper)....
Fluorine family:

Moringa Oleifera, Betain Hcl, Neem extract, fluorine is also found naturally in certain geographic locations-mostly near to water-like Florida, but in many natural bodies of water, most alcohol & beers contain fluoride from water unless made in a country that has banned the addition of fluoride to tap water, toothpastes & mouthwashes, the chemotherapy drug called fluorouracil (used often for colon cancer), dentists will prescribe a drug strength fluoride rinse if you have a severe infection...

Boron family:

Boron pills, Boron water which is made from adding Borax to clean water, small flowered willowherb (is used for prostate cancer & ovarian cancers), Crunchy things like celery & celery root-which is why a
RAW plant based diet has lots of Boron (when you cook food, you lose the Boron)...

Plus elements:

Lead family:

Yes, the Lead family can be the heavy metal (from old water pipes, Lead paint), but the Lead element also is seen in the real world in Red meat, Beta Carotenases, Carrots, Potatoes, Vitamin A, Lithium, Lepidolite rocks, drugs for Bipolar illness, Bone broth, Cod Liver oil...

Iron family:

Iron supplements, Chicken, Kale, Spinach, all the high iron foods...

Aluminum family:
Aluminum is a cholesterol marker-so everything that is high in cholesterol falls into the aluminum family, Eggs (raw eggs especially), Lamb, Gingko Biloba, Aloe Vera, Zeolites, Arnica pills & creams, Colostrum is high in aluminum, anything that triggers a histamine reaction is aluminum, plant pollen, bee propolis, witch hazel, foil paper...

Aurum family:

Aurum means Gold (in Latin), You can see the resemblance between the word gold & the word cobalt, Copal Amber beads are Aurum family, Cobalamin is Aurum family which is called B12, things that RAISE blood pressure are Aurum family, Taurine powder, Fishes & seafood are high in Aurum, Colloidal gold...
Nitrogen family:

Maca root, Beet powder & arginine, raw vegetables, grains & glutens, mushroom extracts, testosterone boosters, oatmeal, breads & crusts & pizza crust, muffins, granola, cereals, rice, quinoa...

Sugar family:

Sugar is Not on the Periodic table...But there are two elements-selenium & sulphur for things that lower blood sugar-so, we needed something to oppose, Sugar is found in maple syrup & honey & fruits & cane sugar is added to so many things & coconut sugar & well, you know sugar...Things that raise glycemic index are sugar...Glucose, fructose, sucrose...
Hydrogen family:

Water, alcohol, Naltrexone, Branch Chain Amino Acids BCAA, fluids, juicing, liquid diets, Her2 marker, BRCA1...

Calcium family:

Calcium is a Pr+ Progesterone marker, Dairy, Milk, Vitus Agnus Castus Vitex herb, Progestins like birth control drugs including Depo Provera, Most tumours benign & malignant have a large calcium component...

Phosphorus family:

Phosphorus is an estrogen marker Er+ but it is also used as a common cancer marker (Nidi imaging-see
http://www.grovecanada.ca/ for diy instructions-uses phosphorus to see cancer in photos you take yourself), Kefir, Yogurt, Cheeses, Cottage cheese, Probiotics, Valerian root, Gaba, Tryptophan, Passion flower, Nexium pills...Malignant tumours can usually be distinguished by the presence of a phosphorus component...Tofu & soy & soybeans...

Mercury family:

Salt, Silica, horsetail, Silicone(implant material casing), Pork, Fume from sewage water processing plants, Yes also mercury tooth fillings, jaundice is high mercury, constipation can lead to mercury buildup, dirty cities, manure, fecal coliform units in lake water, poop, water near marinas(people dump their boat toilet sewage)...
Bismuth:

Activated charcoal, Melatonin, Soot, ash, Burnt things, barbecued foods, toast, car exhaust, airplane exhaust, coal burning, smoke, wood fire stoves or just any wood burning fire, antiepilepsy drugs, Indium homeopathic medicine or the metal...

Molybdenum family:

All Beans & chick peas, Farm soils are high in Molybdenum as are certain geographic region soils (like Vietnam), Strongyloide parasites feed on molybdenum (causing prostate cancers), There is a ligand added to birth control drugs which is made of Molybdenum-this is what can make it not excrete naturally-the molybdenum shell has to be dissolved first...
The brain part chart connects to the body part chart...

The numbers indicate how strong an element is:
Zinc is Minus one -1...Very weak detox...Which is why you need tons of vitamin C to see an effect...

In contrast Boron is Minus twelve -12...Which is why you put a teeny bit of Borax into a gallon of water to get Boron-it is so strong!

Lead is Plus twelve-think red meat-it is the strongest feed & repair thing you can take)...  

The Plus elements trickle DOWN the body, down the chart...Eat red meat & you feed every body part...

The Minus elements go upwards, up the chart...If you take Cannabis oil, a Titanium at Minus 3 -3, it cleans out Aluminum, then goes up & cleans Iron, then it cleans Lead...(But it does NOT trickle down-so it will not be cleaning things below it on the
chart...This is why, if you catch something early, cannabis oil can get rid of it...But if cancer has progressed, you need also stronger Minus elements to kill cancers that are feeding off of Plus elements lower down the chart, lower down the body)... 

Figuring things out for yourself:

If you are taking something that is not on this list, then try to look for side effects of that thing, or which part of the body most people say it works on...

For example, if the thing is a stimulant, then it is often a Copper, like coffee...

If it is a Liver cleanse type thing, it will be an Oxygen...

If it lowers cholesterol, it will be a Titanium...
You can always just ask me, I’m Sari Grove, & my Facebook group is called DIY Cancer Repair Manual...(go to Facebook, type in the name into the search box at the top of the page, find the group, request to Join)...
There are almost 6,000 people in the DIY Cancer Repair Manual group now—I have found it integral to talk to others in groups, especially when I am sick...
If you are unwell, join...These are real people going through the same thing you are(sort of), who might be less judgmental about your choices than even your close friends & family...

My books are free on my blog & there are 11 right now...There are links in the popup message to navigate the blog a bit, so use that, or the Search function can help...

http://www.grovecanada.ca
I invented a way to do your own imaging called NIDI...

There are instructions in the DIY Cancer repair manual group, & also on my blog, for how to do this yourself...

I also hired a development team (Cyint technology led by Daniel Fredriksen) in 2017 to automate NIDI...

The new site is at
https://www.diyimaging.com

The P FILTER page works now!

Red is Hydrogen or inflammation on the P Filter page on the new
https://www.diyimaging.com  site
The other two filters on the site, Lp, & Ff, are still NOT calibrated correctly...

We are troubleshooting this to try to get the colours to be the same as the manual method of editing...

At the moment, we are stuck...(If anyone is a developer at all, please contact sari Grove through Facebook messenger or grovecanada@fastmail.fm if you can possibly help Daniel Fredriksen to troubleshoot the colours...)

Most people chat with me privately using Facebook Messenger...On the top right of your screen in facebook is a tiny icon with a speech bubble shape...Tap that gets you into Messenger...On an iPhone you can get the free messenger app...
I use messenger because it saves all your pictures so we can compare over a long period of time easily...
We can chat back & forth & if you really need to hear my voice you can call for free using the telephone icon there... I don’t like using email for pictures because your emails get lost in a pile...Pictures get out of order...There is a time delay with back & forth...Also there is a measure of safety for both of us-I can see your Facebook profile if I need to, & you can do the same...

Sending emails is very anonymous...I prefer to be able to know who I am talking to if I need to...

Sari (sounds like Mary)...

Note: Joseph Grove, my husband of almost 22 years, helps me with everything I do...So all my books & everything else have his name on them...But many things that Joseph does are things like grocery shopping, laundry, cat litter boxes &
feeding the cats, clothing shopping & supplies, cleaning dishes...I do get his opinion on many of the complex topics I am faced with, but most of the time you will be chatting with me directly...

I hope you will bear with me as I try to organize the vast amount of information I have put out there...

If anyone wants to help with the group, or creating explanation files, or even editing books!, please come forward if you see a need...

Thank you so much for being here...Your presence is valued & appreciated...

I apologize in advance for mistakes in my books or my blog or in the group...

I am getting better at it, but it is difficult for a perfectionist to feel settled when
new information keeps changing the terrain...

Warm hug,

Sari Grove
red is hydrogen inflammation fluid
http://www.lunapic.com purple is phosphorus (an er+ marker & also a common cancer marker… the Lime colour is a Mercury marker, which can also be a LYME disease marker…)
As the purple (cancer parasites) die off they start to scatter, hug the edges of things, turn greyish & may leave a pale foggy mauve colour...The Lime colour is Mercury, the green at the edge of this picture-if you see large swaths of that Lime colour, you may have undiagnosed Lyme disease (not cancer!)...http://www.lunapic.com/
Blue Lead is not only a heavy metal marker, but also can be red meat & beta carotene, Aluminum is also a cholesterol marker, Hydrogen is a Her2 marker but only if there is TONS of it (quantitative marker), Calcium is a Progesterone (Pr+ marker)

…This edit is done in http://www.fotoflexer.com/
This NID image is done in Pixlr for mobile... Molybdenum is a Bartonella marker, & can also be a Lymphoma marker... Molybdenum is also a ligand on birth control drugs that makes them very difficult to excrete, they can affect people 20-40 years later after...! (Mb can also affect prostate & ovaries, as well as affecting mood-perverse thoughts may be a sign of excess Mb)!
Aurum is a Streptococcal marker which can cause Pick’s disease, rheumatic fever, psoriasis, hypertension, intracranial hypertension can be associated with Lyme disease, high blood pressure, excess B12, sore throat...Often excess volume in chest area is correlated to high Aurum...Note: One can have intracranial hypertension in the brain but show as relatively low blood pressure when tested at the doctor...But high Aurum will show in this NIDI image as a PURPLE colour...Below is Psoriasis showing what it is feeding on...Cobalamin, B12, Cobalt, Gold, Aurum...Yes gold boosts b12 too (and blood pressure, in a good way)... http://www.phixr.com
Bismuth is a black colour using Filterra for iphone app...Bismuth is in smoke, ash, barbecue, coal, wood fire, car exhaust & plane exhaust & train smoke, & activated charcoal & even melatonin...Bismuth can be a marker for sarcomas & Toxoplasmosis Gondii, & melanoma...Melanin is a Bismuth...